

TOWN OF MANCHESTER



HUMAN SERVICES DIRECTORY 2025 - 2026 Edition

**A publication of
Manchester Senior, Adult & Family Services**

This Human Services Directory
is compiled by **Kimberly Sullivan**
questions or comments should be directed to
Senior, Adult & Family Services.
860-647-3096
kims@manchesterct.gov

THIS DIRECTORY IS ALSO AVAILABLE ON-LINE
www.manchesterct.gov/safs



Manchester Customer Service

The Customer Service & Information Center is Manchester's one stop shop for the answers you need about local government and community life. Stay informed about events and happenings in the Town of Manchester by signing up for Manchester Matters e-mail. We are the second office on the left when entering from the rear parking lot.

HOURS:

Mon, Wed, Thur 8am - 4:30pm

Tue 8am - 7pm

Fri 8am - 1pm

860-647-5235

www.manchesterct.gov/CustomerService





EMERGENCY 24 HOUR PHONE NUMBERS

Police / Medical / Fire Routine calls 860-645-5500	911
Child Abuse Neglect Hotline	1-800-842-2288
Domestic Violence Hotline * Local Manchester Office	1-888-774-2900 860-645-4033 Text "START" to 88788
Emergency Mobile Psychiatric Services for Children	211
Infoline—FREE information & Referral Service	211
HOMELESSNESS / Emergency Shelter for homeless in Manchester, 211 then : Tim Bohr	211 Call first then ↓ 860-647-8003 ext 131
Mental Health Crisis / Community Health Resources (CHR)	1-877-884- 3571 press 1
Poison Control	1-800-222-1222
Protective Services for the Elderly (60+)	1-888-385-4225 nights & weekends 211
Runaway Safe Line	1-800-786-2929
Sexual Assault Hotline	1-888-999-5545 English 1-888-568-8332 Español
Suicide Hotline / Veterans Crisis Line Crisis TEXT Line 741741	1-800-273-8255 or 988



TABLE OF CONTENTS Page

Town Departments & Office Locations	6, 114
Frequently Asked Questions	7
Behavioral Health	8-14
Children / Youth Services	15-20
Disability Resources	21-27, 115
Diversity, Equity & Inclusion DEI	79
Donations - Where can I donate?	28-29
Employment / Education / Training	30-32
Financial Information and Programs	33-36
Food / Nutrition & Clothing	37-39
Health Care Services and Information	40-42
Health Insurance	43-45
Hoarding Resources	46-47
Homecare Information	48
Home Maintenance	49-50
Homeless Services	51-52
Housing Information	53-55
Human Services Departments	56-59
Immigration & Refugee Information	60-63
Incarceration & Re-Entry Resources	64-65
Legal Information	72-74
LGBTQIA & Resources	66-71
Protection & Advocacy	75-78
Recreation & Leisure	80-83
Respite Resources	84-85
Senior Services	86-89
Support Groups	90-93
Transportation Information	94-96
Veterans Resources & Information	96-99
Volunteering & Community Service	100-105
INDEX	106-113



TOWN DEPARTMENTS

See list of Town Department locations—pg114

DEPARTMENT	PHONE #	DEPARTMENT	PHONE #
Assessor's Office	860-647-3016	Lead Questions	860-647-3106
Attorney, Town	860-647-3132	Library/Mary Cheney	860-643-2471
Board of Directors	860-647-3130	Library/Whiton	860-643-6892
Board of Education	860-647-3442	Neighborhoods & Families	860-647-3089
Building	860-647-3052	Parks	860-647-3224
Cemetery	860-647-3081	Planning	860-647-3044
Collector of Revenue	860-647-3018	Police/Routine	860-645-5500
Customer Service	860-647-5235	Probate Court	860-647-3227
Emergency Management	860-647-5259	Public Works	860-647-3067
Engineering	860-647-3152	Recreation	860-647-3084
Fair Rent Comm. Town Attorney	860-647-3132	Registrar of Voters	860-647-3025
Fire Department/Routine	860-647-3266	Sanitation	860-647-3200
General Manager	860-647-3123	Senior Adult & Family	860-647-3096
Health	860-647-3173	Senior Center	860-647-3211
Highway	860-647-3233	Town Clerk	860-647-3037
Human Resources	860-647-3126	Water & Sewer	860-647-3115
Human Services	860-647-3092	Youth Services	860-647-5213



FREQUENTLY ASKED QUESTIONS

Question:	How do I obtain a BIRTH CERTIFICATE ?
Answer:	Town Clerk located in Town Hall 860-647-3037
Question:	How do I report a POT HOLE ?
Answer:	Use our “ MARK IT ” citizen's reporting tool on the town website or call 860-647-5235
Question:	Where do I get a BUILDING PERMIT ?
Answer:	The Building Department located on the 2nd floor of Lincoln Center 860-647-3052 or ONLINE
Question:	What types of RECREATION PROGRAMS are offered through the town?
Answer:	Visit the town website to view the Parks & Recreation catalog, or call Recreation 860-647-3084
Question:	Who can answer questions about TRASH, RECYCLING and LEAF COLLECTION ?
Answer:	The Sanitation Department 860-647-3200
Question:	How can I learn about what's GOING ON IN TOWN ?
Answer:	Visit the TOWN CALENDAR or sign up for MAN-CHESTER MATTERS email, on the town website or, by calling 860-647-5235
Question:	How do I find out what I PAID IN TAXES
Answer:	Call the TAX COLLECTOR at 860-647-3018 or you can check on the town website
Question:	I moved, do I need to re-register to VOTE ?
Answer:	Yes, contact the Registrar of Voters at 860-647-3025 or visit the website.



BEHAVIORAL HEALTH

Access Line for Substance Abuse Disorders for heroin and alcohol, provides detox info and free transportation. For crack and cocaine they provide rehab information. They have walk-in assessments and Narcan education.

1-800-563-4086

Celebrate Recovery meets Thursdays at 218 Main St. (right entrance) in Manchester. Meeting runs from 7pm - 9pm contact by email: profdave8@cox.net

860-432-8251
Dave

www.mcnz.com

Community Child Guidance Clinic

SEE PAGE 15

Community Health Resources (CHR) provides comprehensive mental health and addiction treatment and support services to residents of central and eastern Connecticut. New patient walk-in hours M,Tu,Th, F 9am-3:30 Wed 10am-3:30 first come first served. Call to report a mental health crisis or to access services 24 hours a day. Also sponsors **"The HUB"** SEE PAGE 14

444 Center St.
Manchester

860-432-8775
860-646-3888
call to register
before walk-in

1-877-884-3571

www.chrHealth.org

Connecticut alcohol & drug abuse hotline—24/7 Toll-free, Confidential

1-800-563-4086

Connecticut Clearinghouse is a resource center for information about: substance abuse, mental health disorders, prevention & health promotion, treatment and recovery, wellness and related topics.

1-800-232-4424

www.CtClearinghouse.org

The Cove Center for Grieving Children provides hope & healing, and bereavement support for children, teens, & their families. They provide many programs (free service)

203-634-0500

www.CoveCt.org



BEHAVIORAL HEALTH

CT Addiction Medicine 63 E. Center Street 2B, Manchester ***Open only on Tuesdays***—Addiction and chronic pain treatment. Outpatient detoxification, Medication Assisted Treatment (Suboxone & Vivitrol), Pain management, Counseling, Education and Group Support. *Accepts all major insurance including HUSKY and Medicare.*

860-730-7100
Manchester

860-492-6400

www.Alcoholism_ctaddictionmedicine.com

CT Community for Addiction Recovery (CCAR) centralized resource for all things related to recovery /treatment programs/options, educ, support groups & peer support recovery coaching.

1-866-205-9770

www.ccar.us

Department of Developmental Serv.

SEE PAGE 23

Department of Mental Health and Addiction Services (DMHAS) promotes & administers comprehensive recovery oriented services in the areas of mental health treatment and substance abuse prevention treatment in CT - two ways to access treatment beds:

860-418-7000

24hour referral
1-800-563-4086

www.ctaddictionservices.com
www.CTmentalhealthservices.com

www.portal.ct.gov/dmhas

ECHN Child & Adolescent Behavioral Health Services provides medication management & psychiatric evaluations and therapy for children 3-18. Comprehensive mental health services are offered for adolescents 12-18. Services: partial hospital & intensive outpatient programs, a clinical day school, individual, family & group therapy & substance abuse group.

860-647-6827

www.echn.org
under services & Behavioral Health
860-647-6800
is the Behavioral Health Referral Line



BEHAVIORAL HEALTH

ECHN Adult Ambulatory Behavioral Health Services outpatient, partial hospitalization, and intensive outpatient services. Treatment programs available day or evening. The services provided include individual or group therapy, couples & family counseling, addiction treatment, and older adult services focusing on loss, depression, as well as mood disorders. Most insurance plans are accepted and Patient Financial Services can help with assistance applications.

Referral Line
860-647-6800
860-533-3434

www.echn.org
 under services
 then Behavioral
 Health

Located at 150
 North Main St.

Emmaus Health, LLC 945 Main Street Suite 205, Manchester—Holistic integrative approach to treating substance use disorder. Office-based detoxification and maintenance (Suboxone & Vivitrol) Accepts all major insurance including HUSKY. By appt. only.

860-553-3020

www.emmaushealthllc.com

EMPS Mobile Crisis Intervention Service for Children/Youth provides emergency services including: mobile face to face response. They are available 24/7. Phone consultation and support, Psychiatric and behavioral health assessment; medication consultation, assessment; behavioral management services, substance abuse screening and referral to services. EMPS Mobile Crisis delivers a range of crisis response for youth and their families.

211 press 1
then 1 or 811
by text/phone

Federal Substance Abuse & Mental Health Administration for general information including mental and substance abuse disorders.

1-877-726-4727
www.samhsa.gov



BEHAVIORAL HEALTH

Federal Substance Abuse & Mental Health Administration National Helpline National Helpline provides free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English & Spanish. This service is open 24/7, 365 days a year.

800-662-4357

www.samhsa.gov/find-help/national-helpline

Greater Hartford Harm Reduction Coalition provides syringe exchange services, HIV testing and education, drug treatment access and referrals, and overdose prevention & education and NARCAN training and distribution.

860-263-8720

www.GHHRC.org

Hockanum Valley Community Council, Inc. (HVCC) is a mental health and substance abuse clinic offering counseling services, anger management and case management. Provides information to help clients connect to other services.

860-872-9825

www.HvccHelps.org
27 Naek Road
in Vernon

Institute of Living for comprehensive patient care, research and education in the fields of behavioral, psychiatric and addiction disorders, anxiety disorders, child & adolescent services, Adult & Family services, Geriatric services, eating disorders, genetic services, mood disorders, psychiatric rehabilitation services, residential, day treatment, outpatient, schizophrenia treatment, TMS therapy.

860-545-7200
assessment

1-800-673-2411

www.HartfordHospital.org
under locations

InterCommunity to safely **detox** clients from alcohol and/or drugs, provides education & motivation for referral. Open for admission 365 days/year - 24hrs/day depending on open beds.

860-569-5900
Ext 515

www.intercommunityct.org



BEHAVIORAL HEALTH

Mental Health Connecticut for legislative advocacy, educational programs, support groups & direct services to promote mental health, prevent mental illness and improve care/ treatment of persons with mental illness.

860-529-1970

www.MHConn.org

NAMI of Connecticut is a mental health organization. It provides advocacy, education, support & public awareness so all individuals & families affected by mental illness can build better lives.

860-882-0236

www.NamiCt.org

PATH – Projects for Assistance in Transition from Homelessness

Provides outreach & linkage to services for unsheltered homeless individuals who suffer from mental illness including those with co-occurring substance use disorders. Contact is Sheryl Lambert.

860-730-8640

www.CHRhealth.org

slambert@chrhealth.org

Pathfinders Club offers group & peer support to people in recovery. A variety of meetings in person and zoom that are held 7-days a week.

860-983-4804
102 Norman St.,
Manchester

www.Pathfindersct.org

REACH Warmline is a peer to peer support telephone line for people feeling lonely, depressed or in need of someone to talk to. Evening hours 6-10pm

1-866-927-6225

365 days
www.chrhealth.org





BEHAVIORAL HEALTH

River East Day Hospital & Treatment Center provides intensive, structured clinical treatment for psychiatric & chemical dependency issues. Offering a young adult program for ages 18-25 and an evening program. Transportation provided to day programs for Manchester/Vernon residents if necessary.

860-858-4947

www.Natchaug.org
Under locations
**Accepts Medicaid, Medicare & other insurances.

Root Center for Advanced Recovery provides comprehensive substance abuse & co-occurring disorder treatment at medication-assisted outpatient clinic to people with opiate dependency issues. Groups, peer support & individual counseling provided daily by appointment.

860-643-3210
Monday - Friday
5:30am - 4:00pm
Saturday
6:00am - 9:00am
335 Broad St.
Manchester
www.rootcenter.org

Substance Abuse Access Line (SATEP)
Staff screen and refer callers to appropriate levels of care through conference calls with treatment providers.

1-800-563-4086
transportation arranged if necessary

Substance Abuse helpful websites

www.narcotics.com/
www.methadonecenters.com/
www.transitionalhousing.com/
www.detox.com
www.treatmentcentersdirectory.com/
www.disorders.org
www.rehabs.org

Substance Prevention & Recovery Supports, Manchester Public Schools.
Open to all Manchester public school students, provides counseling & education to students.

860-647-3521



BEHAVIORAL HEALTH

TOIVO by Advocacy Unlimited offers classes, support groups, workshops and a mind/body focused wellness center where people can engage in recovery-based yoga, meditation, fitness and strength training, creative writing, expressive art, walk/run groups, nutrition workshops, drum circles and more. They hold that no one should be denied the benefits of yoga, meditation or any of their offerings based on socioeconomic standing, psychiatric history and or experiences with addiction.

860-296-2338

www.toivocenter.org

Volunteers in Psychotherapy a non-profit organization that provides truly private psychotherapy for no fee (or a low fee). Clients "pay for" their therapy by doing independent volunteer work for the charity of their choice.

860-233-5115

www.ctvip.org

THE HUB offers **SOCIAL REHABILITATION** through CHR by providing a safe and relaxed setting for adults coping with mental health and/or addiction related issues to interact socially in a recovery-orientated environment. Peer support groups and social and recreational activities are offered. They offer appointments to assist CHR clients with paperwork such as redetermination forms. Emergency Food Pantry stocked from FOODSHARE donations can be utilized once every 10 days. Computers, Sewing /Craft Room, Pre-voc/Vocational training, Cooking Group and more when available.

860-730-8780

www.CHRhealth.org
520 Center St
Manchester

Questions:
mnelson@chrhealth.org

Club Hours: M-F
9-12 then 1-4pm

Pantry Hours
M,W,F 9-12 then
1-3pm



CHILDREN/YOUTH SERVICES

Big Brothers/Big Sisters	SEE PAGE 100
Building Healthy Families located at 20 Hartford Rd., Manchester. They offer parenting workshops and parenting empowerment.	860-375-0121 Email: info@bhfct.org www.bhfct.org
Care 4 Kids is State funded, and provides child care financial assistance to Temporary Family Assistance recipients and eligible low to moderate income working families.	1-888-214-5437 CTcare4kids.com
Child Care Services Infoline provides info on State-licensed child care providers & programs.	211 www.211ct.org
Community Child Guidance Clinic, Inc. a mental health agency offering a wide range of services for children up to 18 & their families including outpatient treatment, special education services for grades Pre-K through 8, home based interventions & intensive outpatient programming.	860-643-2101 www.CCGCInc.org
Connecticut's Child Development Infoline provides info on the Birth to Three Program for children from birth to 36 months who have delays in development or disabilities; Help Me Grow , for pregnant women & children 0 - 8 who are at risk for developmental or behavioral concerns; and Ages & Stages Monitoring Program that answers questions on how a child is learning, behaving or developing from birth to age 5 and more...	1-800-505-7000 www.211ct.org under: Children and Families, Early care & educ.
The Cove Center for Grieving Children	SEE PAGE 8



CHILDREN/YOUTH SERVICES

Covenant to Care for Children works with faith and community based organizations to meet the needs of abused, neglected and/or impoverished children and teens. The Critical Goods Program supplies household furniture including new twin beds and donated clothing. The Children's Enrichment fund provides car seats, school uniforms and other items needed by children that are not provided by CCC's other programs.

860-243-1806

www.CovenanttoCare.org

There are many ways to help and donate

Department of Children & Families (DCF) protects children that are being neglected & abused, builds on existing community and family strengths to help children facing behavioral & emotional challenges, strengthens families through advocacy and support. They offer information on adoption, foster care, support groups, health related issues and more.

**860-533-3600
(Manchester)**

**1-800-842-2288
Hotline for
abuse/neglect**

www.portal.ct.gov/DCF

ECHN Child & Adolescent Behavioral Health Services

SEE PAGE 9

EMPS Crisis Intervention Service for Children/Youth

SEE PAGE 10

Family Development Center is administered through ECHN and provides a broad base of programs including Early Head Start, Successful Teens Excelling as Parents and Partners, parenting classes on various parent concerns, children's play groups and much more. They offer home visits if eligible.

860-533-2990

www.echn.org
under services
& all programs



CHILDREN/YOUTH SERVICES

Gentle Love Connections collects donations to distribute to local communities. **Diaper pantry** is by appointment only via email request at Northwest Park Early Childhood Center.

www.Gentlelove.org

meccdiaperpantry@gmail.com

Grandparents Raising Grandchildren

SEE PAGE 91

Head Start a child development program that provides education, family support services, and health and nutrition services for preschool children from low-income families residing in Manchester.

860-647-3502

www.mpc.mpspride.org/headstart

Hispanic Health Council

SEE PAGE 41

HUSKY Insurance

SEE PAGE 43, 44

KIDSAFE CT Provides services for children birth to 18 & their families in the home, community or at their site. Programs: Child First for families with children up to age 5 dealing with the effects or stress and trauma; Reunification and Therapeutic Family Time provides intensive support services to children in DCF custody with the aim of safe, healthy reunification with a parent; Supervised Visitation monitors visits between non-custodial parents and their children to ensure the safety and well-being of children; Multi-Systemic Therapy works with youth 14-16 years old with multiple needs and problems and involvement with the judicial system; Parent Education Program is court ordered co-parenting classes for families with children under the age of 18 going through a divorce, separation or custody battle.

860-872-1918

www.Thevillage.org/kidsafe

19 Elm Street
Rockville, CT

An affiliate of The
Village for Families
& Children

Dedicated to the
prevention of child
abuse and neglect.



CHILDREN/YOUTH SERVICES

Lutz Children's Museum offers children a variety of educationally fun activities, exhibits, artifacts and programs, as well as a live animal collection and nature center.

860-643-0949

www.LutzMuseum.org
closed Mondays

Manchester Early Learning Center provides affordable, full-day, full-year childcare for preschool (3 to 5) and school age (5 to 12) children. Sliding scale tuition offered.

860-647-9659

www.melearning.org

Manchester Police Activities League (PAL) creates opportunities and activities for positive interactions between police officers, civilian mentors, and youth in support of youth success. PAL offers after school activities for youth as well as opportunities for volunteers. Activities include: Judo Club, Karate, Taekwondo Club, and 3 on 3 summer Basketball.

860-645-5525

ManchesterCTpal@gmail.com

Manchester Public Schools Welcome Center

SEE PAGE 32

Mary's Place providing a safe place where children, teens and families who are grieving a death share their experiences, receive support and find comfort.

860-688-9621

www.marysplacect.org

Office of the Child Advocate is a State agency that monitors and evaluates public and private agencies that are charged with the protection of children and also reviews state agency policies and procedures to ensure they protect children's rights and promote their best interest.

860-566-2106

www.portal.ct.gov/oca

SERC - formerly State Educ Res. Ctr

SEE PAGE 27



CHILDREN/YOUTH SERVICES

WIC (Women, Infants & Children)

SEE PAGE 39

The Manchester Youth Service Bureau (YSB) has programs that are designed for youth age 0 - 21 and their families who reside in, or attend school in Manchester. Their programs are fun and assist youth to grow intellectually, personally, and emotionally from supportive environments and positive re-enforcement, allowing them to mature in self-confidence, self-awareness, become better planners, organizers and problem-solvers, with improved behaviors, attitudes, and relationships.

Youth programs are vital to the development of our youth; they create positive impacts in the lives of young people, encouraging them to build connections to the community, develop meaningful relationships with caring adults, supports academic achievement, and helps prevent juvenile delinquency.

The YSB 8 major core areas:

- Life skills
- Community service
- Case management
- Substance use prevention
- Employment/Vocational skills
- Early Childhood supports & services
- Leadership development
- Diversion/Juvenile Review Board

The YSB provides high quality positive youth development programs that work towards achieving their mission:

- Citizen scientist groups
- Creative arts programs
- Early childhood playgroups, parent support groups
- FACTS: substance use prevention

Continued.....



CHILDREN/YOUTH SERVICES

- Family engagement programs & events
- Social & life skills programs
- In School Support Services
- Manchester Youth Commission
- Parenting & family groups
- School vacation programs
- SibShop: for siblings of youth that have developmental delays or mental health issues
- Summer youth employment programs
- Teen Center
- The Manchester Restorative Diversion Program
- Youth & Police programs
- Youth empowerment programs

Advocacy programs for youth and families include:

- Change Collaborative- substance use prevention council
- East of the River Care Collaborative: Addressing youth issues including mental health, juvenile justice, truancy, etc.
- MECC-early childhood collaborative
- Youth Advisory Board-advisors for the YSB

They are always looking for new members to join in their efforts to ensure youth and families have what they need to thrive in the community.

CONTACT INFO: 860-647-5213
www.manchesterct.gov/ysb





DISABILITY RESOURCES

ADA Transportation	SEE PAGE 94
American School for the Deaf (ASD) provides educational programs, support services and resources for deaf and hard of hearing individuals and their families from birth through adulthood. You can also TEXT to 860-410-4109	860-570-2300 www.ASD-1817.org Video Phone 860-899-1217
"Are You OK" Program for older adults, disabled persons and home bound residents who want or need to be checked on daily by a computerized telephone system. The system calls or texts the the subscriber daily at a time chosen by subscriber. If there is no response or a the subscriber reports that they are in need of assistance, a staff member will follow up and provide the appropriate response based on the circumstances.	For more information, contact the Manchester Senior Center at: 860-647-3211
Birth to Three Program	SEE PAGE 15
Bookmobile a free delivery service for Manchester residents who are not easily served by our two library buildings. Our MPL bookmobile staff visit patrons who are temporarily or permanently home-bound due to illness or physical disability and are unable to access the library. Themed book-it kits can also be delivered to daycare providers who are unable to visit the library.	860-643-2471 www.Manchester.ct.gov/library Sign-up at bookmobile @manchester ct.gov



DISABILITY RESOURCES

Brain Injury Alliance of Connecticut (BIAC) provides information on prevention of brain injury; resources and referrals, support groups for individuals and families affected by brain injury.

860-219-0291

www.biact.org

Bureau of Education and Services for the Blind (BESB), within the Department of Rehabilitation Services provides resources, comprehensive low vision services, specialized education services, life skills training, case management, and vocational services to individuals of all ages who are legally blind and to children who are visually impaired. They have volunteers to assist with ADL's

860-602-4000

1-800-842-4510

www.Portal.ct.gov/AgingandDisability
under bureaus & departments

Bureau of Rehabilitative Services (BRS) is Connecticut's vocational rehabilitation program to help individuals with a disability to prepare for, enter and maintain employment through a wide range of services.

860-647-5960

1-800-537-2549

www.Portal.ct.gov/rehabilitation-services

Choice Magazine Listening provides audio recordings of articles, stories, interviews poems etc. Free service for persons unable to read standard print due to physical or visual impairment. Call for a free special digital player.

1-888-724-6423

www.ChoiceMagazine-Listening.org



DISABILITY RESOURCES

Connect-Ability staffing through BRS attempts to connect Connecticut's employers with disabled individuals to obtain and maintain employment. They offer training plans.

860-538-0491

www.portal.ct.gov/aginganddisability

Connecticut Braille Assoc., Inc. provides textbooks and information for students; they assist with the needs of visually impaired individuals.

203-227-5243

Connecticut Technical Act Project assists individuals with disabilities, family members, educators, employers and other professionals by increasing access to Assistive Technology devices or adaptive equipment by connecting individuals to the resources and services available throughout the state.

1-800-537-2549

860-424-4881

**860-424-4839
TTY**

www.CTtechAct.com

Corporation for Independent Living is a non-profit agency that helps persons with disabilities secure loans and grants for modifications required in existing homes to make them accessible and barrier free.

860-563-6011

www.cil.org

Department of Developmental Services, State of CT (DDS) provides support services for individuals with intellectual disabilities & their families. DDS offers a wide variety of waiver services, case management, respite, supported living, residential programs, self-advocacy and competitive and supported employment.

860-418-6000

1-866-737-0330

**1-866-433-8192
for eligibility**

www.portal.ct.gov/dds



DISABILITY RESOURCES

Dial A Ride	SEE PAGE 95
Disabilities Resource Directories through Disability Rights Connecticut.	www.DisRightsCT.org under Self-Advocacy
Disability Rights Connecticut, Inc. (DRCT) is an advocacy organization that is dedicated to identifying and eliminating the barriers that people with disabilities face in exercising their civil, legal and human rights. As Connecticut's protection and advocacy system (P&A), they work to improve the quality of life for individuals with disabilities, their families and the community as a whole. They have information & referral programs and client assistance programs.	860-297-4300 or 1-800-842-7303 Email: info@disrightsct.org www.DisRightsCT.org
Disability Services: State Funded Community and in-home Support Services for people with ABI, Autism Spectrum Disorder, Physical & Psychiatric disabilities, Intellectual, and for Seniors/Older Adults.	SEE Page 115
Easter Seals Capital Region & Eastern CT leading the way to full equity, inclusion, and access by enriching education, enhancing health, expanding employment, and elevating community by offering life changing programs. They have an outpatient rehabilitation facility offering a full range of medical and vocational rehabilitation services for children & adults with physical, mental or learning disabilities.	860-270-0600 1-800-221-6827 www.Easterseals.com/hartford
File of Life	SEE PAGE 87



DISABILITY RESOURCES

Independence Unlimited assists persons with disabilities to achieve their maximum independence through advocacy, information and referral, peer counseling and skills training. They provide transitional services for nursing facility residents wishing to move into the community. **Project Independence** is an outreach and assistance project geared toward people who are 60 and older. The project provides assistance in remaining independent in the community.

860-523-5021

www.independenceunlimited.org

Instructors of the Handicapped (IOH) is a swimming instruction and recreation program that is held at Manchester High School for people with physical and mental disabilities of all ages. Program is held on Sunday afternoons from 1:00pm-3:00pm during the school season. IOH is **NOT** a drop in program, pre-enrollment is required.

Please email:

Info:
jennaadams80@gmail.com

Registration:
ergles@comcast.net

Library for the Blind and Physically Handicapped lends books and magazines in recorded formats along with the necessary playback equipment and materials in braille, **FREE**, for any Connecticut adult or child who is unable to read regular print due to a visual or physical disability. Readers register and materials are mailed or downloaded to patrons personal computer or mobile devices. Website has a wealth of information about activities and resources, information for all ages.

860-704-2220

1-800-842-4516

www.CTstateLibrary.org/lbph/

call or download
an application



DISABILITY RESOURCES

MARC, Inc., provides supported employment, day service options, respite, retirement services, residential, recreational and self-advocacy services & transportation for people with cognitive, intellectual and developmental disabilities to ensure they have the skills and opportunities to live in and be part of their communities.

860-646-5718

www.MarcCt.org

MARCH, Inc. of Manchester

SEE PAGE 85

National Federation of the Blind is a membership organization that provides information & education and peer support to improve the lives of visually impaired individuals in CT. They help newly blind people adjust to vision loss.

860-289-1971

www.nfbct.org

NEAT Center at Oakhill receives gently used, durable medical equipment through donations. Once it is reconditioned, the equipment can be provided to consumers at less than 1/2 of new cost.

**860-242-2274
then press #4**

www.assistivetechology.OakHill.CT.org/

Renters Rebate Program for adults aged 18+ who are deemed disabled by Social Security and seniors age 65+. Manchester residents can file applications each year from April 1st through September 30th at Senior, Adult & Family Services, Town of Manchester. The amount of the rebate is determined by income and rent & utilities paid in CT the previous year.

860-647-3096

**For more info:
SEE PAGE 35**

applications are
April-Sept each
year



DISABILITY RESOURCES

Social Security Disability Benefits

SEE PAGE 36

SERC is a quasi-public agency established under statute to serve the CT State Board of Education in supporting educational equity and excellence. They provide professional development and information dissemination of the latest research and best practices to educators, service providers, and families throughout the state, as well as job-embedded technical assistance and training within schools, programs, and districts. The agency continues to maintain the Special Education Resource Center and SERC Library in addition to its broader responsibilities, including the support to programs and activities regarding early childhood education and school improvement.

860-632-1485

www.CtSerc.org

UR Community Cares has a **Parkinson's Support Group** – meets on the second Tuesdays of the month, 10:30am to 12pm at UR Community Tech Center. Resources available for patients and care partners

Blind/Low Vision Support – Free 100-page services directory provided by UR Community Cares. An additional resource, UR Vision Station, is onsite at UR Community Tech Center. Access assistive devices with support from trained volunteers. Open Mon., Thurs. and Fri., 10am to 3pm.

For questions and registration:
860-430-4557

Email: michellepuzzo@URCommunityCares.org

153 Spruce Street, Manchester

www.URCommunityCares.org



DONATIONS - WHERE CAN I DONATE

Gentle Love Connections is a non-profit organization that accepts monetary donations, diapers, and car seats to distribute free of charge to families in need.

www.Meccdiaperpantry@gmail.com

Goodwill Manchester Store located at 232A Tolland Turnpike accepts donations of gently-used or new clothing, household goods, furniture etc. Hours for donations are Mon-Sat 8am-7pm and Sun 10am-7pm.

860-643-2709

www.gwct.org

Habitat for Humanity accepts donations of new and gently used furniture, home accessories and appliances. Call for a possible pick up.

860-541-2208

www.Hfhnc.org/restore

Hartsprings Foundation, Big Brothers-Big Sisters accepts donations that have been gently used and are in reusable condition. Clothes for all ages and genders, books, toys, games, small appliances, electronics that are in good working order.

1-888-413-2227
www.hartsprings.org
Manchester drop off location is 432 Buckland Hills Drive at (SAVERS)

Journey Home seeks furniture and household items for those moving out of homelessness and into housing in the greater Hartford area. Through their "Hand Up" program. journeyhomect.org/a-hand-up-volunteer/

860-808-0336

Email: volunteer@journeyhomect.org

SAVERS accepts donations of small furniture, housewares, appliances, games, toys, sporting goods, electronics, clothing, accessories, shoes, books and more. Donations can be made on the side of the building or in a bin in the front entry-way.

860-648-9436

www.stores.savers.com
Hours Mon-Sat 10am-9pm
Sundays 10-7pm



DONATIONS - WHERE CAN I DONATE

The Manchester Area Conference of Churches (MACC) accepts donations for **Community Threads Thrift Shoppe** of gently used clothing and shoes and accessories for all ages and small household items like dishes, towels and bed linens. **The Emergency Food Pantry** accepts perishable and non-perishable food (please watch expiration dates) dish soap, laundry products, cleaning supplies, toilet tissue, paper towels, feminine products, diapers, toothpaste, deodorant, soap

860-647-8003
Ext. 129
Clothing

860-647-8003
Ext 128
Food
www.macc-ct.org
They also accept items that cannot be bought with SNAP

NEAT Marketplace accepts donations of gently-used durable medical equipment and refurbish it for re-use. Donations can benefit individuals with disabilities, of all ages, and their families.

860-242-2274

www.assistivetechnology.oakhillct.org
donations by appt.

Vehicles for Veterans allows donations of your car, boat, motorcycle, RV etc. to help wounded warriors and their families. Vehicles accepted whether running or not.

1-855-884-9838

www.VehiclesforVeterans.org

ReSupply is a veteran founded and owned organization that accepts and picks up donated furniture items and transforms physical goods into charitable aid.

www.Resupplyapp.com

765-436-6283

St. Vincent DePaul through St. Margaret Mary Parish in South Windsor accepts donations of usable furniture with no tears or broken parts, and household items.

860-648-0216
www.societyhelpline.org
Pick up for furniture only

World Wide Lighthouse Missions (WWLM) accepts donations of baby items, clothing, shoes, household items, furniture, medical items at 11 Bissell St. Manchester.

860-645-4198
donation line
www.WWLM.org
hours 9:30-4pm
closed 12-1pm



EMPLOYMENT / EDUCATION / TRAINING

AARP offers a website to assist seniors locate age-friendly employers.

www.aarp.org/work

American Job Centers 893 Main St., Manchester, offers job seekers a place to write resumes and send faxes, offers a Research Library and Trade and Computer Training. Internet access, free postage and resume paper. All job search free of charge.

**860-643-2222 or
860-656-2500**
hours 9am-5pm
www.CapitalWorkforce.org

under Jobseekers

Bureau of Rehabilitation Services

SEE PAGE 22, 94

Capital Workforce Partners invests in youth development, develops sustainable career paths for adult workers, and assists employers with a variety of programs and services provided through the American Job Center network.

860-522-111

www.Capitalworkforce.org

Department of Social Services, Aging Services Division offers help with training and referrals for job placement for low-income seniors.

860-424-5055

www.ct.gov/AgingandDisability

Easter Seals

SEE PAGE 24

Homeless Veterans Employment

SEE PAGE 52

Job Corps is a no-cost education & career technical training program administered by the US Department of Labor that helps young people ages 16 - 24 improve the quality of their lives through career technical and academic training. Requirements: US citizen or legal resident of the US and meet program's low-income qualifications. Job Corps teaches eligible young people the skills they need to become employable and independent, helping to place them in meaningful jobs and further education.

Outreach & Admissions
860-952-1744

General Info
860-953-7201

www.hartford.jobcorps.gov



EMPLOYMENT / EDUCATION / TRAINING

Jobs First - job training and support services for TANF recipients.

1-855-626-6632

Job Listing Service: The Town of Manchester & CT State Community College Manchester, partner to help Manchester employers find workers and job seekers find employment opportunities. You can access the job board and register to search current position listings.

www.CollegeCentral.com/

Jobs Funnel a pre-employment preparation & job training service for CT residents seeking employment in the trade related fields. Assists prospective workers to gain work competencies and trade-related certifications. Information sessions are every Thursday at 10am (*no late entry*) **20-28 Sargent St. Hartford. Must Bring** CT photo ID, birth certificate, valid social security card and proof of residency.

860-899-3448

www.capitalworkforce.org/jobs-funnel

Also sponsors the “Best Chance Offenders” program

People Ready assists in employment opportunities for Construction, Manufacturing, Warehousing, Retail, Transportation, Agriculture, etc. Hours are Monday through Friday from 5:30am - 6pm & Sat 7am-11am at 92 Weston Street in Hartford.

860-247-0369

www.Peopleready.com

Under locations

Manchester Adult & Continuing Education offers Adult Basic & General Education Development, Adult High School Credit Diploma and National External Diploma Program, English as a Second Language and Americanization/Citizenship classes to any adult 17 years of age or older who is not enrolled in a public elementary or secondary school program.

860-647-5075

www.ManchesterAdultEd.org

555 Main St. They offer many continuing education classes for a fee.



EMPLOYMENT / EDUCATION / TRAINING

CT State Community College Manchester Offers over 300 programs. Has CT Pathways, job training & tuition assists for SNAP recipients, opens its campus with free job fairs & resume and career search workshops. Offering workforce readiness programs, including job re-training & English as a Second Language (ESL) courses. The college's library is open to the public with access to internet and Early Childhood Educ. Kits for parents, day cares etc.

860-512-2827
CT Pathways

860-512-3000
www.Manchestercc.edu

Offering career services, disability services, online learning, transfer planning and more.

Manchester Public Schools Welcome Center houses the **Office of Family Partnership & Student Engagement**. The MPS mission includes forging an active partnership with families and the community as we work together to create safe, inclusive schools where equity is the norm and excellence is the goal. At the Welcome Center, we strive to assist parents and guardians with K-8 registration, school supplies, backpacks, coats, diapers & more.

860-645-6041

www.mpspride.org

Hours: M - F
8:30-noon then
1-3pm

**Located at 555
Main Street, Man-
chester**

Senior Job Bank assists people 50+ to find paid employment / volunteer work, they offer computer training.

www.Seniorsjobbankct.org
860-521-3210

Unemployment Compensation, "Department of Labor" has information on benefits, appeals, wages, education and training, worker safety, etc. Hours of operation are 7:30am—4:30pm

**1-800-956-3294
or 860-967-0493**

www.Portal.ct.gov/dolui

Hire VETS FIRST, provides information for veteran job seekers and employers to connect.

www.Hirevets.gov



FINANCIAL INFORMATION / PROGRAMS

211 Infoline is Connecticut's free information and referral service for a variety of topics.

211

www.211ct.org

Benefits Check Up is an online program to help seniors and people with disabilities determine qualifications for financial benefits & prescription programs. Provided by **National Council on Aging**.

www.BenefitsCheckup.org

Energy Assistance provides help to pay for oil, gas, electric and other heating sources for eligible persons. Application period September to May depending on heating source. Call **Community Renewal Team** for info and an appointment.

860-560-5800

860-560-2694

www.CRTct.org

The Financial Center at The Village, in partnership with United Way of Central and Northeastern Connecticut, helps individuals living in the Greater Hartford area 18+ with low to moderate income effectively manage finances and achieve financial goals.

Financial Coaching: free one-on-one coaching & financial education classes, participants learn to create a budget, understand & improve credit scores, reduce debt, define their financial goals, & develop a plan to reach their goals.

Career Coaching: Working with individuals to identify their unique skills and interests, build a professional resume, learn the ins and outs of applying for jobs online, improve networking skills, and connects them with certification programs to build job skills.

860-236-4511

www.Thevillage.org

Under programs & services then financial & career



FINANCIAL INFORMATION / PROGRAMS

Homeowner's Tax Relief provides a reduction in property taxes for homeowners who are: aged 65+, a veteran or disabled individuals. Apply February 1 to May 15 at the Manchester Assessor's Office. Applications filed in current year consider previous year's income.

860-647-3016

www.Manchesterct.gov
under gov. dept.
assessment off.

Income Tax Assistance:

Volunteer Income Tax Assistance Program (VITA) – Free simple tax preparation for low/middle income residents. Taxes are done by appointment only, from February through the end of the Tax Season, at the Manchester Senior Center.

For Questions,
please contact
the Human Ser-
vices Depart-
ment

860-647-3092

www.Manchesterct.gov/human_services

The Manchester Area Conference of Churches (MACC Charities) helps income eligible Manchester residents with emergency clothing, fuel, utilities, medical and/or financial needs. Call for an appointment. Often, they can answer your questions or get you headed in the right direction without an appointment.

**860-647-8003
Ext 131**

www.Macc-ct.org

Money Management International / CT Consumer Credit Counseling helps consumers learn to reduce debt; offers free phone & online counseling.

1-866-889-9347

www.Moneymanagement.org



FINANCIAL INFORMATION / PROGRAMS

New England Pension Assistance Project Offers free pension and retirement savings plan counseling and assistance regarding pension benefits.

1-888-425-6067
www.umb.edu/PensionAction

Renters' Rebate Program provides a yearly rebate check for seniors 65+ and/or disabled renters 18+. Apply April 1st to September 30th of each year. Applications filed in current year consider previous year's rent, utilities and income. Call Senior, Adult & Family Services for income limits, info or to apply.

860-647-3096
kims@manches
terct.gov
www.manchesterct.gov/safe

Reverse Annuity Mortgage (RAM)
CHFA's RAM program is for elderly homeowners with long-term illnesses and disabilities who need help with housing and health care expenses. Under the program, you borrow against the value of your home and CHFA allocates the funds in tax-free monthly payments for up to six years. You can use money to pay for home care, renovations to home to meet medical needs, LTC insurance premiums, prescriptions, daily meals, lawn maintenance, snow removal etc. You must be at least 70 years old and own a single family home or condo. A lump sum may be provided for small liens, back taxes, outstanding bills, minor home repairs etc.

Questions:
860-571-3502

To Apply:
1-866-218-6631

www.CHFA.org
Under Homeowner

Email:
Customer.
Service @
CHFA.Org

School Supplies Assistance Program
Manchester Human Services distributes a ONE-TIME use VISA Gift Card for qualifying Manchester residents to assist with school supplies for children in grades K-12. Sign up is mid-July thru mid-August.

860-647-3096
www.Mancherct.gov/humanservices



FINANCIAL INFORMATION / PROGRAMS

Senior Volunteer Tax Credit Program may provide a tax credit of up to \$500 for seniors 65+ who own property and reside in Manchester. They must meet qualifying income limits and perform a minimum of 50 volunteer hours each application period. The town accepts 30 applicants yearly.

860-647-3092

www.Manchesterct.gov/humanresources

Social Security Administration located at 478 Burnside Ave., East Hartford, answers questions on Social Security, Supplemental Security Income, Medicare, retirement, and disability benefits. National phone number has extended hours. Many options available on-line.

1-866-706-6759
local office
9am-4pm M-F

1-800-772-1213
national #
8am-7pm

www.SSA.gov

State of Connecticut Department of Social Services provides financial assistance programs which have eligibility requirements. To create an on-line account to apply for benefits connect.ct.gov/access

1-855-626-6632

www.portal.ct.gov/dss

Soldiers', Sailors' & Marines' Fund

SEE PAGE 98

Veterans' Affairs

SEE PAGE 98

Winter Protection Plan protects qualified utility customers from service shutoffs between November 1st and May 1st. Customers must apply for hardship status through the individual utility companies or at time of application for public energy assistance through the Community Action Agencies; **IT IS NECESSARY TO RE-APPLY EACH YEAR.**

860-524-8361
CNG
www.CNGcorp.com

1-800-286-2828
Eversource
www.eversource.com
860-560-5800
CRT
www.crtct.org



FOOD / NUTRITION & CLOTHING

Community Threads Thrift Shoppe
located at 466 Main Street, Manchester. Hours of operation are Mon - Fri 10:00am - 2:00pm, Sat 10am-12:30

**860-647-8003
Ext 129**

www.macc-ct.org

CT Mutual Aid—East of the River
facilitates access to food, clothing, toiletries and other basic needs to vulnerable, marginalized and struggling households. Visit them on Facebook.

www.mutualaidhartford.com

**CTMutualAid
EastofRiver on
FB**

End Hunger Connecticut They believe that no child in America should go hungry. They offer information on FREE nutritious meals for kids and teens all summer and many other programs. There is also an **EHC SNAP Hotline** for answers about SNAP and accessing these benefits.

860-560-2100

www.Endhungerct.org

**1-866-974-7627
SNAP inquiries**

**Gentle Love Connection
Diaper Pantry**

**SEE PAGE 17,
28**

Goodwill Thrift Store 232A Tolland Tpke, Manchester. Mon—Sat 9am to 7pm, Sundays 10am—7pm

860-643-2709

www.GWct.org

Group Grocery Shopping Trips - Senior Center grocery shopping is suspended until further notice. If you are unable to get groceries for yourself, or with the help of friends, family, or neighbors, contact the senior center. We will help make arrangements to make sure you are getting the groceries you need. Other options **Dial A Ride** or **ADA Paratransit** for Grocery Shopping, certain criteria apply.

**860-647-3211
Senior Center
860-870-7940
Dial-A-Ride**
Registration is required - call the Senior Center at 860-647-3211 for help to complete the application.



FOOD / NUTRITION & CLOTHING

MACC Community Kitchen 466
Main St., provides a well balanced-meal at no charge to anyone of any age who are in Manchester and are hungry (children must be accompanied by an adult) Mon – Sat 11:30am to 12:45pm. **On Sunday's there is a noontime meal** at Salvation Army.

860-647-8003 Ext 121

www.macc-ct.org

MACC Emergency Food Pantry 460
Main St. Certification is required for everyone, the process is easy with in-person or remote options for communication. Please call for more info. **HOURS BY APPOINTMENT ONLY.**

860-647-8003 X128
860-647-8003 X114
for pantry cert.
www.macc-ct.org

CT State Manchester Cougar Pantry & Career Clothing Closet and basic needs support. Located in room SSC L149 for CT State Manchester Students.

860-512-3287

Laura.bruno@ctstate.edu
open Mon-Fri

Meals on Wheels through **CRT** delivers up to two meals per day to medically homebound seniors 60+ for a suggested donation of \$3 per meal, but **no one is denied** if unable to pay.

860-560-5828

www.CRTct.org
under programs basic needs

Mobile Foodshare is a food distribution program for low-income households servicing Manchester locations on alternating Tue & Wed dates, locations and times available for the year 860-647-3096

For locations & dates TEXT:
"Foodshare"
to 85511 or call
860-856-4321
www.ctfoodshare.org

Salvation Army 661 Main Street offers dine in meal Sundays 12:30pm-1:30pm and Pizza & Praise, evening meal@ 5:30pm Sundays.

860-649-7787
www.SalvationArmyUSA.org



FOOD / NUTRITION & CLOTHING

Second Congregational Church food pantry, partner of CT Foodshare is open to residents of CT meeting financial eligibility. They open every Friday (with very few exceptions) from 10am-11:45am. Clients can choose to line up early to get a number at 8:30am & return at 10am with others waiting.

860-649-2863
Fri 10-11:45am

**385 N. Main St,
Manchester**
Clients shop in order of their number.

Senior Center Lunch Program – Manchester Senior Center, Mon – Fri from 12pm to 12:30pm. Manchester residents 60+ years, or spouses of eligible individuals, regardless of age may eat lunch at the senior center for suggested donation of \$2.50. Reservations must be made by 12:30 PM on the day before. You do not need to be a SC member.

Register by calling
860-647-3211
www.manchesterct.gov/seniorcenter
549 East Middle Tpk. Manchester

Supplemental Nutrition Assistance Program (SNAP) helps low-income individuals and families afford the cost of food at the grocery store and farmers markets. You can apply online or download an application, you can also request an application be mailed to you. **If EBT card lost contact 1-888-328-2666.**

1-877-874-1612
for help applying on-line
1-855-626-6632
to request an application
www.connect.ct.gov/access

The Hub Food Pantry at CHR is for individuals in the community who are in need of food assistance. Hours Mon, Wed, Fri 9am-noon and 1-3pm.

860-730-8780
mnelson@CHR
Health.org

WIC (Women, Infants & Children) a special supplemental nutrition program for Women, Infants & Children. Provides health care referrals, nutrition education, breastfeeding promotion/support, and supplemental foods for pregnant women and children from birth to age 5.

860-291-71901
www.portal.ct.gov/dph/WIC/WIC
please call for phone interview & Manchester appt.



HEALTH CARE SERVICES / INFO

American Cancer Society provides cancer information and resources. Open 24 hours a day and has volunteer transportation for many areas.

1-800-227-2345

www.cancer.org

Centers for Disease Control offers expertise, information and tools that help people protect their health through prevention of disease, injury/disability and preparedness for new health threats.

1-800-232-4636

www.CDC.gov

Connecticut Dental Health Partnership (CTDHP) a dental plan provided by the state of CT, Department of Social Services for clients in the four primary medical assistance programs.

1-855-283-3682

www.CTdhp.org

Drug Disposal: The Manchester Police Department has permanently installed a Prescription Drug Take-Back Box for Manchester residents only in the lobby. It is accessible 24 hours a day, 7 days a week. No needles or liquids accepted.

860-645-5500

Located at 239
Middle Tpke E
Manchester

EyeCare America provides eye exams and up to one year of care to US citizens and legal residents through volunteer ophthalmologists (Eye MDs) often at no out-of-pocket cost to those who qualify. Go to website for On-line qualification process.

877-887-6327

Hours: 8am-2pm
Mon-Fri

www.AAO.org/eyecare-america

First Choice Health Care Center 150 North Main St, provides PCP services, sports medicine, OB/GYN, Chiropractic, Eye Care, Podiatry, Pediatric & dental for those meeting eligibility guidelines. Sliding scale available. Accepts State & most insurances.

860-646-8117

860-528-1359

www.FirstCHC.org
various locations



HEALTH CARE SERVICES / INFO

Hispanic Health Council, Inc. Hispanic Health Council, Inc. provides breastfeeding support, prenatal health education, case management and parenting support services, nutrition education, behavioral health services, wellness and care coordination services, STD prevention services, intimate partner violence, and much more.

860-527-0856

www.hispanichealthcouncil.org

InterCommunity Healthcare Federally qualified center, provides medical, mental health & addiction services.

860-569-5900

www.intercommunityct.org

It Takes a Village is a comprehensive financial and social assistance pilot program designed to help families and support mothers during postpartum recovery. Participants receive a Recovery Care Bundle filled with tools and resources and for six weeks our dedicated care team will provide a built-in village of support with gift cards, referrals, and weekly check-ins. Each bundle is valued at \$940. It Takes a Village is a pilot program with the capacity to serve 100 participants (families). Applications will be accepted on a rolling basis until spots are filled. Each application is accepted based on need.

**Please contact the Manchester Health Dept. for more info.
860-647-3173**

Eligibility Criteria – Pregnant women 32 weeks and up, or up to 8 weeks postpartum. Must live, work, or receive pregnancy-related services in Manchester.

Lifeline Emergency Response Sys.

SEE PAGE 48

Health Collective East

SEE PAGE 76, 92

Malta House of Care Foundation seeks to provide free health care for the uninsured by providing a free Mobile Medical Clinic.

860-725-0171

www.MaltaHouseofCare.org



HEALTH CARE SERVICES / INFO

Manchester Memorial Hospital offers crisis intervention, home blood draw, support groups, classes & events, community education workshops & health info.

860-646-1222

www.Echn.org
under locations
71 Haynes St.

Maternity Care & Family Planning Center at Rockville General Hospital is a clinic that offers prenatal care and postpartum follow-up to women who are under-insured or without health insurance. They also accept clients with state Husky and Medicaid plans. Open: Monday, Wednesday & Friday

860-872-5170
2nd floor

www.Echn.org
under locations &
Rockville General
Hospital

Planned Parenthood offers affordable family planning and birth control counseling, medical services, educational programs and resource referrals. Located at: 319B Main St., Manchester.

860-643-1607

www.plannedparenthood.org

Podiatry Doctor Appointments
The Manchester Health Department is partnering with First Choice Health Centers to bring on-site Podiatry Services to the Senior Center. Anyone with chronic pain or a foot/ankle injury may benefit from the specialized care of a podiatrist. Dr. Vera Halbfass can assist with fungal infections, foot/ankle wounds, and the unique foot care needs of those with diabetes, and circulatory conditions. If you don't already see a Podiatrist, we hope you will take advantage of this beneficial medical service at **549 East Middle Turnpike, Manchester.**

To schedule an appointment, please call Diana Martin, RN at **(860) 647-3175. REGISTRATION IS REQUIRED.** First Choice accepts most insurance plans and offers a sliding fee scale for uninsured or underinsured. Services provided in the First Choice Mobile Clinic Unit in the back section of our Senior Center parking lot.



HEALTH INSURANCE

Access Health CT is Connecticut's official health insurance marketplace offering CT residents a range of qualified health care coverage options. Open enrollment period November 1 to January 15 or if you have a "qualifying life event" (getting married, having or adopting a child, losing health coverage) you can get the coverage you need. You also can apply for Medicaid or Husky D at any time.

1-855-805-4325

www.AccesshealthCT.com

There is a special enrollment period if your household is at or below 150% of the Federal Poverty Level. **Call to enroll.**

CHOICES PROGRAM (Connecticut's Health Insurance Assistance Program) CHOICES program is a collaborative program of the CT Dept. of Social Services, State Area Agencies on Aging and Center for Medicare Advocacy. Eligibility screening is available for persons 60+ and any person who is on Medicare. Certified counselors across the state provide free person-centered assistance. CHOICES also provides community outreach, application assistance and information and referral.

**860-647-3096
or 860-647-3211**

1-800-994-9422

Ask to speak to a CHOICES counselor

www.ct.gov/agingservices/search
CHOICES

Connecticut Partnership for Long Term Care conducted in cooperation with private insurance providers, provide unbiased info about the need for long term care, the ability to find, purchase & afford long-term care insurance without depleting assets.

860-418-6318

www.portal.ct.gov/OPM
under other links

HUSKY Health Care Programs are health programs administered by the State of Connecticut, Department of Social Services. You can apply online at www.connect.ct.gov/. For info www.portal.ct.gov/husky For online assistance or to reset your password call **1-877-874-1612.**



HEALTH INSURANCE

HUSKY A & HUSKY B: Connecticut children, parents, relative caregivers and pregnant women may be eligible for Husky A or Medicaid, depending on family income. Uninsured children up to age 19 may qualify regardless of family income level for Husky B. Depending of specific income level, family cost-sharing applies.

HUSKY C (including long-term services & supports, & Medicaid for Employees with disabilities) Connecticut residents aged 65+ or who are 18-65 and are blind or have another disability may qualify for Medicaid under Husky C. Income and asset eligibility varies, depending on which part of Husky C you may qualify for.

HUSKY D Connecticut residents aged 19 –65th birthday with no dependent children; who do not qualify for HUSKY A; who do not receive Medicare; and who are not pregnant, may qualify for HUSKY D (also known as Medicaid for the lowest-income populations).

Long Term Medicaid - new applications only should be mailed to : DSS, 50 Humphrey Street, New Haven, CT 06513. For long term Medicaid Waiver Programs applications should be mailed to 20 Meadow Road, Windsor, CT 06095 or you can get application on-line at www.connect.ct.gov under forms, then home care LTS, then apply—LTSS

If you don't know what you qualify for:
www.AccessHealthCT.com can answer questions about medical coverage. **1-855-805-4325**

Medicare is a federal health insurance program available to those 65 years of age or older or who are deemed permanently disabled by Social Security. Individuals suffering from end stage renal disease or ALS are also eligible to receive Medicare. For info on eligibility and enrollment periods, contact the local SSA office.

1-800-633-4227
www.Medicare.gov

1-866-706-6759
www.SSA.gov



HEALTH INSURANCE

Medicare Savings Programs (MSP): available to Medicare recipients with low income. There are three MSP's that help pay for your Medicare Part B premiums. **QMB** (Qualified Medicare Beneficiary) **SLMB** (Specified Low-Income Medicare Beneficiary) **ALMB** (Additional Low-Income Medicare Beneficiary). A household's income determines which category they qualify for. All three programs pay Medicare Part B premiums.

Manchester residents can call 860-647-3096

To apply: Contact the Department of Social Services

1-855-626-6632
www.Connect.CT.gov

Medicare Prescription Drug Coverage (Medicare Part D) is available to everyone with Medicare. Part D plans are stand alone insurance policies that are offered through private insurance companies; each plan may vary in premium costs and drugs covered.

1-800-MEDICARE
1-800-633-4227

TTY 1-877-486-2048

You do not have to enroll in a Part D program if you have credible coverage.

- ◆ Part D recipients who are income eligible may also be eligible for a **Low Income Subsidy/ Extra Help** to pay Part D costs

860-647-3096
or
860-647-3211
to talk to a
CHOICES
counselor

www.Medicare.gov

Office of the Healthcare Advocate is a free service that assists consumers with healthcare issues through outreach programs and communications related to consumer rights; they also offer assistance with appeals.

1-866-466-4446

www.portal.ct.gov/oha

Email:
Healthcare.Advocate@Ct.gov

Veteran's Benefits

SEE PAGE 98

HOARDING RESOURCES

DEEP CLEAN, DECONTAMINATION and HOARDING REMEDIATION

1-800 DUMP-RUNS Manchester, CT 860-432-5581 www.1800dumpruns.com	Innovative Environmental Colchester, CT 860-871-7582 www.icindustrialservices.com
B&B Movers Manchester, CT 860-890-0149	Junkluggers of Greater Hart- ford Newington 1-844-338-5511 www.junkluggersofgreaterhartford.com
BioRecovery Regional 888-609-5735 www.biorecovery.com	Marlon Hardnett Manchester, CT 860-833-3990
C&C Brazilian Deep Cleaning West Hartford, CT 860-853-4417 https://cleaningservicewesthartfordct.com	SERVPro West Hartford, CT 860-281-7515 https://servpro.com
Enviroclean Restore Regional 888-231-3130 www.ecrestore.com	SteriClean of CT Regional 888-577-7206 www.steri-cleanct.com

HOARDING RESOURCES

DE-CLUTTERING and CLEANOUT RESOURCES

<p>Address Our Mess Regional 855-676-7848 info@addressourmess.com www.clutterhoardingcleanup.com</p>	<p>Dust to Dawn Organizing Manchester, CT 860-649-8511</p>
<p>All Organizing Solutions of CT Hamden, CT 203-248-2020 allorganizingsolutions@yahoo.com www.allorganizingsolutions.com</p>	<p>Dutiful Daughter Manchester, CT 860-432-5503</p>
<p>Busy Bees Professional Organizing East Hampton, CT 860-997-4740 www.faith@busybeesorganizing.com</p>	<p>Let's Get Organized Today Vernon, CT 860-490-9918 www.letsgetorganizedtoday.com</p>
<p>The DeClutter Specialist Wallingford, CT 203-269-3003 www.thedeclutterspecialist@gmail.com</p>	

CLINICAL RESOURCES

Ginger E. Blume, PhD	860-346-6020 x 1	
Joseph Brown, Ph.D.	860-231-1966	
James DiLoreto, Psy.D	860-317-0993	
Lili Daoud, LCSW - BTI Graduate	860-677-2991	
Hartford Hosp -Suzanne Meunier, PhD	860-545-7685	
Hartford Hosp - David F. Tolin, Ph.D.	860-545-7685	
Hartford Hosp - Blaise Worden, PhD	860-545-7685	
Laura Hilton, Psy.D	860-208-3719	
Tammy Van Linter, LCSW, LADC	860 436-2250	



HEMOCARE INFORMATION

See list of State homocare programs pg 115

Community First Choice (CFC) and Money Follows the Person (MFP)
CFC provides in-home services including meal prep, homemaking and assistance with bathing, dressing, transferring, etc. MFP helps individuals currently living in long-term care facilities successfully transition back into the community.

211

www.ctmfp.com

Must receive Husky C or D health coverage to be eligible

Connecticut Home Care Program for Elders through DSS, helps older adults to continue living at home by paying for homocare services for those meeting eligibility guidelines. They assess care needs and coordinate & monitor homocare services for CT residents 65 years of age and older.

1-800-445-5394 or 860-424-4904
www.portal.ct.gov/DSS/

Under programs

Connecticut Partnership for LTC

SEE PAGE 43

Licensed Home Care Agencies – Senior, Adult & Family Services has a list of those serving Manchester.

860-647-3096

Lifeline is a 24-hour emergency response system that gives access to emergency care. Certain Medicare Advantage Plans cover the cost or offer discounted prices for medical alert systems.

If you need to purchase the device some options are:
www.alert-1.com/
or www.lively.com

Visiting Nurse and Health Services of Connecticut, Inc., is a licensed home health agency that provides coordinated home care services including nursing visits, hospice services, physical, occupational and speech therapy, home health aides, and home-makers. Sliding scale fee available.

860-872-9163

www.echn.org/

Under locations



HOME MAINTENANCE

Home Energy Assessments, Audits & Check-ups offers free energy audits to income eligible homes that heat with gas or electric. Audits include inspection for wasteful leaks & drafts/sealing up, evaluation of insulation, installation of energy efficient light bulbs, showerhead and faucet aerators, water heater and pipe insulation. Applications/qualifications on line.

1-877-947-3873

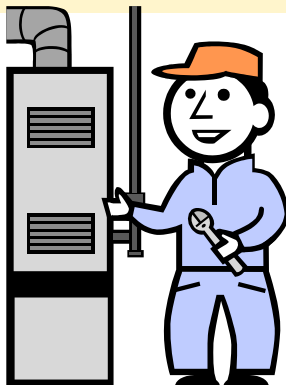
www.energizect.com/

Home Weatherization through Community Renewal Team (CRT). The program assists low-income renters and homeowners in making their homes energy efficient and lowering the expense of utility bills. Services include weather-stripping, caulking, low flow showerheads, insulation, some window & door repairs, heating system cleaning & tuning, fluorescent lighting and carbon monoxide testers. **Eligibility Requirements:** Must be enrolled in one of the following: CT Energy Assistance Program, Temporary Family Assistance or Utility Assistance Program. If renting, landlord's permission is required.

860-560-4004

www.CRTct.org
Under Programs
then Basic
Needs

Apply on-line or
at a CRT loca-
tion





HOME MAINTENANCE

Manchester Housing Rehabilitation Program provides financial assistance to owner-occupied or investor-owned single- and multi-family residential properties within the targeted housing rehabilitation areas of Town. This program focuses on addressing lead-based paint and issues that would be identified by the building department under the property maintenance code. Eligible code repair work can include: • Walls and ceilings • Stairs and porches • Interior and exterior paint • Windows and doors • Plumbing and plumbing fixtures • Electrical and heating • CO/ smoke detectors. Emergency funding is available town-wide for non-functioning furnaces, water heaters, sewer laterals, or similar conditions that threaten the health or safety of a property's occupants. Owner must provide documentation from a contractor that replacement is the only option.

Rebuilding Together provides home repairs free of charge for **owner occupied Manchester homeowners** who are unable to do the repairs themselves. This program gives priority to fixed and low to moderate income elderly and disabled individuals. Please contact Molly Devanney at Rebuilding Together for more information.

860-647-3044

www.Manchester.ct.gov/ under government then departments then planning and economic development. Then look under the "Community Dev. & Housing" for Housing Rehabilitation Prog. or Emergency Replacement Prog.

Household Can Earn Up To:

- (1) \$68,250
- (2) \$78,000
- (3) \$87,750
- (4) \$97,450

860-647-3167

Email:
Molly.devanney@gmail.com

Facebook.com/rebuildingtogethermanchester

www.RebuildingManchester.org/



HOMELESS SERVICES

Community Health Resources, CHR provides rental assistance and supportive services for homeless individuals and families through Supportive Housing programs, Rapid Rehousing, Outreach and Engagement Services. All housing referrals start with a call to 211.

**860-730-8810 or
1-877-884-3571**

www.CHRhealth.org
under programs &
services

Journey Home homeless outreach, workers identify, engage with and provide linkages to shelter and housing for homeless residents in greater Hartford. They try to prevent people from losing housing, they try to speed up rehousing for homeless, they help with household furnishings for homeless and they help homeless to gain income and services to prevent homelessness again. Start by calling 211.

860-808-0336

www.Journeyhomect.org

**Email:
info@journeyhome
ct.org**

MACC Homeless Outreach: outreach workers identify, engage with and provide practical assistance to anyone experiencing homelessness, including individuals and families who have called 211 and are working with the resources available in our state.

**860-647-8003
Ext 131**

www.Macc-ct.org

PATH – Projects for Assistance in Transition from Homelessness
Provides homeless outreach and linkages to emergency shelter and permanent housing for homeless residents with a psychiatric diagnosis. Contact is Sheryl Lambert

860-730-8640

www.CHRhealth.org

**[slambert@chr
health.org](mailto:slambert@chrhealth.org)**

Shelter Assistance: Please note you must call **2-1-1** in order to access emergency shelter assistance. You will receive a call back from a diversion specialist.

211

www.211ct.org



HOMELESS SERVICES

Students Experiencing Homelessness, A Resource for EDUCATION is an on-line resource packed with information for students across the country. It includes information on organizations that can assist, Wrap Around Services, Info about campus life, Housing, Food Support, Educational Support, Healthcare and mental health, books, podcasts and more.

www.counselingpsychology.org/homeless-college-resources/

VETERANS HOMELESS SERVICES:

Veteran's Homeless Outreach services through the VA

**860-666-6951
Ext. 16466**

Veterans Homeless Outreach services through Veteran's Inc. (emergency, transitional and permanent) for homeless veterans.

**508-791-1213
Ext 1167**

Veterans Support Foundation offers services to homeless vets.

**1-800-882-1316
Ext 126**

Female Soldiers: Forgotten Heroes is a community based transitional home exclusively for homeless female veterans and their young children.

203-338-0669

www.Homesforthebrave.org

Homeless Veterans Community Employment Services (HVCES) provides vocational assistance, job development and placement, and ongoing supports.

1-877-424-3838



HOUSING INFORMATION

CT Fair Housing Center is dedicated to ensuring that individual choice, and not discrimination, determine where people live in Connecticut. They also assist with a range of foreclosure prevention efforts.

860-247-4400

www.CTFairhousing.org

CTHousingSearch.org is a FREE resource for finding and listing housing information anywhere in Connecticut. They also have a multitude of housing resources on their website.

1-877-428-8844

www.CTHousingSearch.org

Fair Rent Commission assesses the appropriateness of rent increases for individuals who are not participating in rental assistance programs. Contact the Town Attorney's office for info.

860-647-3132

www.Manchesterct.gov/townattorney

General Housing Information Senior, Adult & Family Services has listings of local apartments, rooming houses, and Senior/Disabled housing options. They can also provide phone numbers for surrounding towns' housing authorities if needed.

860-647-3096
479 Main Street,
Manchester

www.Manchesterct.gov/safs

Housing Choice Voucher Program to sign up for notifications and updates on open lotteries for wait lists for section 8 HCVP (subsidized housing) triggered by housing authorities.

www.Cthcyp.org/notifications

Housing Court located on 80 Washington Street in Hartford.

860-756-7920
860-756-7925 FAX
www.jud.ct.gov/
Under directories



HOUSING INFORMATION

Manchester Housing Authority oversees several State and Federal elderly/disabled housing programs. **Eligibility for this type of housing is subject to:** income limits, age limits (62 and over) or disability requirements. Tenants pay about 30% of their income for rent and utilities. Some waiting lists are closed due to high demand, but those interested are encouraged to inquire at the Manchester Housing Authority.

860-643-2163

www.ManchesterHA.org

Section 8 Housing Choice VOUCHER Program applicants secure an apartment on their own and with the Voucher they can negotiate with a private landlord for their monthly rental payment. Applicants can expect to pay 30% of their monthly income for rent and utilities. Rent and utility allowances are subject to approved schedules that are adjusted annually. Currently the waiting list is closed to new applicants and is not expected to be opened in the near future.

860-643-2163

www.ManchesterHA.org

Westhill Gardens Congregate Housing is a state funded community living facility for frail elderly 62+. Features 24 hour 7 days per week supervision, a daily hot meal at noon, laundry facilities, and social activities.

**860-643-2163
Ext 120**

www.ManchesterHA.org



HOUSING INFORMATION

Mortgage Foreclosure Assistance Hotline is a free hotline open Monday – Friday 8:00am – 5:00pm, to Connecticut residents who are facing foreclosure on their homes. Advice and guidance regarding mortgage problems offered.

1-877-472-8313

www.portal.ct.gov/AG/Consumer-Issues/

Shelter Assistance: Please note you must call **2-1-1** in order to access emergency shelter assistance. **UNSHELTERED** homeless individuals in Manchester should call 211 to be connected to a triage specialist for an assessment and possible shelter bed or motel placement. No appointment necessary. Once the screening process with 211 is complete you can check your status for placement by calling **860-573-0984** 9am-3pm 7 days a week.

UNSHELTERED homeless individuals can call **211** 7 days a week between 8am & 4pm **once connected to 211** for additional information in Manchester contact **MACC** at 860-647-8003 Ext 131

Statewide Legal Services offers an online library to get free information about legal problems. Some areas of assistance include housing discrimination, eviction, home ownership, landlord/tenant issues, security deposits, federal programs, work & unemployment, elder law, consumer assistance, education, immigration & citizenship, medical and health-care, debt & collections. There is no charge for the services and they only assist people with very low incomes.

1-800-453-3320

www.SLSct.org

linked to:
www.CTlawhelp.org
self help information



HUMAN SERVICES

The Health Department addresses the health needs of Manchester residents and ensures that they have access to the services and protection required to remain healthy. It provides a wide range of information and services such as a **Health Clinics** for seniors, blood pressure, hearing screening, educational sessions, and foot care. They administer the “It Takes a Village, maternity program. The Environmental Health Section of this Department enforces the Public Health Code and they license all Food Service establishments in Town. Permits are issued for all private drinking wells, new septic installation as well as septic repairs. Lead abatement in regard to lead poisoned children and defective paint surfaces with children under 6 are inspected and approved for abatement by the Department. They also inspect all public swimming pools, bathing areas, massage establishments and hair & nail salons. They provide support to many Town departments.

860-647-3173

www.manchesterct.gov/health/

Located at the
Weiss Center,
479 Main Street
upstairs on the
1st floor.





HUMAN SERVICES

Human Services Administration provides oversight of the department budget, overall program planning and development as well as coordination and administration of health and human services programs in the Town of Manchester. Administrative oversight is provided for the divisions that comprise the Human Services Department – Health, Senior Center, and Senior, Adult and Family Services. Human Services Administration leads in planning and program initiatives that assess and impact the human service needs of the community and secures grants and other resources to implement new programs. It provides contract oversight for community agencies receiving Town funds as well as contract oversight for some grant programs funded by both the state and federal government. HS Administration also provides Volunteer Income Tax Assistance (VITA) for seniors and low income residents during the tax season and administers the town’s Senior Citizen Volunteer Tax Credit program. Additionally, Human Services Administration represents the Town on community, regional and statewide human services planning and advisory groups.

860-647-3092

www.Manchesterct.gov/humanservices

Located at the Weiss Center,
479 Main Street
upstairs on the
1st floor.





HUMAN SERVICES

Senior, Adult & Family Services serves **Manchester residents of all ages** to ensure that basic financial, housing, health and daily living needs are being met. Residents get prompt and accurate information about programs and services available. Primary activities include information and referral, assistance connecting with community services, outreach, advocacy, office and in-home assessment, benefits and CHOICES health insurance counseling, camp waivers for Manchester Recreation programs, and follow-up services provided by social work staff. A goal of the division is to assist older adults and people with disabilities who want to remain independent in the community. The division also administers the Renters' Rebate and Dial-A-Ride programs, and processes Energy Assistance applications in conjunction with CRT. They publish this **Human Services Directory** and maintain many resources at the Weiss Building. The staff works in cooperation with state and local agencies. Anyone is welcome to drop in for further information or to make an appointment to speak with a social worker.



Located at The Weiss Center, 479 Main Street, Ground Level. (Entrance in back of building)

860-647-3096

email: kims@manchesterct.gov

www.Manchesterct.gov/SAFS



HUMAN SERVICES

Senior Center features meals, trips, exercise programs, classes and activities targeting the health, social and educational needs and interests of Manchester seniors. A social worker from Senior, Adult & Family Services and a nurse from the Health Dept. provide support services at the Senior Center. Transportation is available to and from the Center Monday through Friday.



There is an annual membership fee of \$10.00 and new members are always welcome. Small group recreation is provided through the **Senior Circle**. The Senior Center is open weekdays from 8:30am until 4:30pm for residents age 60+.

Located at 549 East Middle Turnpike, Manchester

860-647-3211

www.Manchesterct.gov/seniorcenter



IMMIGRATION & REFUGEE

There are organizations/agencies in Connecticut that provide services to refugees and immigrants who are new to the United States to help them become self-sufficient, integrated and contributing members of the community.

There are a variety of services that may be provided: English as a Second Language (ESL) instruction, job training, employment and vocational assistance, interpreter services, housing arrangements, shelter, clothing, food, education, transitional cash assistance, information and referral services, counseling and classes for immigration and citizenship, and case management. There also may be help with legal, social, linguistic and educational programs to help refugees and immigrants overcome the many barriers they face in adjusting to their new environments. They may assist with special services to victims of serious crimes such as human trafficking, torture and domestic violence.

Refugees must meet general financial eligibility requirements for all programs, but may be eligible for cash & medical assistance based upon their refugee status for the first eight months in the United States.

Refugees may access the Supplemental Nutrition Assistance Program (SNAP) as well as other programs if they meet age, disability or other program criteria.

Connecticut Institute for Refugees & Immigrants. located at 75 Charter Oak Ave., Suite 2-180 Hartford. **By appointment only** which can be made on-line.

860-692-3085
www.cirict.org
Email:
info@cirict.org

Integrated Refugee & Immigrant Services located at 235 Nicoll Street 2nd floor, New Haven, CT.

203-562-2095
www.landingpage.irisct.org
Email:
info@irisct.org



IMMIGRATION & REFUGEE

Jewish Federation of Connecticut, Inc. located at 40 Woodland Street, Hartford, CT.

860-727-5767
www.jfact.org
Email:
aweber@jfact.org

Refugee Assistance Program is responsible for disbursing federal funds related to resettlement of refugees in CT.

www.portal.ct.gov/dse/economic-security/

US Citizenship & Immigration Services offers statewide help for immigration services and benefits - various Connecticut offices.

1-800-375-5283
www.uscis.gov





BENEFIT ELIGIBILITY BY IMMIGRATION/ RESIDENCY STATUS IN CT

Documented Legal Permanent Residents (Green Card holders)

Affordable Care Act and Subsidies	YES
Care for Kids	YES
Driver's License	YES
Govt-issued ID or Driver's License	YES
Head Start	YES
Homecare programs (State-funded)	YES
HUSKY A,B,C, D (Medicaid)	YES
There is a 5 year residency requirement	
HUSKY (emergency dept only)	n/a
Public primary education	YES
Public college (in-State tuition)	YES
Public college (financial aid)	YES
SAGA cash assistance	YES
Section VIII and housing subsidies	YES
SNAP (Food Stamps)	YES
Social Security	YES
TANF (Aid to Needy Families)	YES
WIC (Parents, Infants & Children)	YES

Refugees, Asylees and Victims of Human Trafficking

Affordable Care Act and Subsidies	YES
Care for Kids	YES
Driver's License	YES
Govt-issued ID or Driver's License	YES
Head Start	YES
Homecare programs (State-funded)	YES
HUSKY A,B,C, D (Medicaid)	YES
HUSKY (emergency dept only)	n/a
Public primary education	YES
Public college (in-State tuition)	YES
Public college (financial aid)	YES
SAGA cash assistance	YES
Section VIII and housing subsidies	YES
SNAP (Food Stamps)	YES
Social Security	YES
TANF (Aid to Needy Families)	YES
WIC (Parents, Infants & Children)	YES



BENEFIT ELIGIBILITY BY IMMIGRATION/ RESIDENCY STATUS IN CT

US-born children of undocumented residents

Affordable Care Act and Subsidies	YES
Care for Kids	YES
Driver's License	YES
Govt-issued ID or Driver's License	YES
Head Start	YES
Homecare programs (State-funded)	YES
HUSKY A,B,C, D (Medicaid)	YES
HUSKY (emergency dept only)	n/a
Public primary education	YES
Public college (in-State tuition)	YES
Public college (financial aid)	YES
SAGA cash assistance	YES
Section VIII and housing subsidies	YES
SNAP (Food Stamps)	YES
Social Security	YES
TANF (Aid to Needy Families)	YES
WIC (Parents, Infants & Children)	YES

Undocumented residents and DACA holders

Affordable Care Act and Subsidies	NO
Care for Kids	NO
Driver's License	YES
for use to drive only, not for legal ID purposes	
Govt-issued ID or Driver's License	NO
but some cities issue picture IDs	
Head Start	YES
Homecare programs (State-funded)	NO
HUSKY A,B,C, D (Medicaid)	Children up to
age 15 and pregnant women only	
HUSKY (emergency dept only)	YES
Public primary education	YES
Public college (in-State tuition)	YES
Public college (financial aid)	YES
SAGA cash assistance	NO
Section VIII and housing subsidies	NO
SNAP (Food Stamps)	NO
Social Security	NO
TANF (Aid to Needy Families)	NO
WIC (Parents, Infants & Children)	YES



INCARCERATION & RE-ENTRY

211 Infoline for basic needs	211
BEST Chance Program employment program thru Jobs Funnel you must have a criminal background to participate in the program. Attend, complete assessment, participate in program activities, get hired!	860-656-2553 www.capitalworkforce.org/best-chance
Community Service SEE Volunteer Opportunities / Community Service. (**) indicates Community Service accepted .	SEE PAGE 100-105
Department of Corrections offers information & resources regarding progressive correctional practices and partnered re-entry initiatives. They have inmate information, and programs/services to assist inmates, victims and citizens.	860-692-7480 www.portal.ct.gov/DOC
Inmate Trust Fund through the Department of Corrections, assists to get owed money to an inmate if they had money in the inmate account and did not receive a check upon discharge.	860-692-7670 www.portal.ct.gov/DOC Under Inmate Account tab
Jail Diversion Program is offered through Community Health Resources (CHR) located at 444 Center Street in Manchester. Its main purpose is to direct adults with psychiatric disabilities & non-violent criminal offenses away from the corrections system & into more appropriate community based treatment settings. Individuals are referred by Enfield, Manchester and Rockville court systems.	1-877-884-3571 www.CHRhealth.org Under programs & services; Adult; Support & Rehabilitation



INCARCERATION & RE-ENTRY

Job Search Help for Ex-Offenders:

attend an information session online at **American Job Center**. They can assist with a federal bonding program and help to expunge your record. They have job placements with an employer who take part in a program for hiring ex-offenders. Located at 893 Main Street in Manchester.

860-643-2222
1-877-872-5627

www.carezone.stop.org/ExOffender/

Legal Aid: Is your criminal record keeping you from working? On line help and Q & A's through CTlawhelp.org.

www.ctlawhelp.org
under work &
unemployment
& your rights at
work

Manchester—Alternative In the Community (AIC) offered through **Community Partners in Action** and funded by the State of Connecticut. Services are offered to individuals referred by the courts and probation by providing interventions through reasoning and rehabilitation, treating alcohol and drug dependencies and offering employment skills. Individuals who are mandated by the courts and probation to perform community service and are referred to the program, may participate as well.

860-649-8338

www.CPA-ct.org
Under services
then Alternatives

Located at 31
Bent Street in
Manchester

Office of Adult Probation is part of the Court Support Services Division that helps people comply with conditions mandated by the court. A Probation Officer will be assigned to assist during the probation period. The Manchester office is located at 587 East Middle Turnpike.

860-649-1650

www.JUD.CT.Gov/FAQ/AdultProb.html

Substance Abuse Access Line

1-800-563-4086



LGBTQIA + Resources

Healthcare Services and Supports

The Health Collective empowers individuals of diverse sexual orientations, gender identities and gender expressions to lead healthy lives through the provision of health and support services, education and advocacy. www.healthcollective.org/ or 860-278-4163

UConn Health - UConn Health is strongly committed to providing compassionate, comprehensive services to members of the and gender nonconforming community. www.health.uconn.edu/patient-services/transgender-medicine-services or 860-679-3245

Connecticut Children's Hospital - The Division of Plastic Surgery at Connecticut Children's offers surgical options for gender affirmation to adolescents who have documented and persistent gender dysphoria.

www.Connecticutchildrens.org/search-specialties/plastic-surgery/gender-affirmation-surgery

Wheeler Clinic - Primary medical, gender affirming hormone treatment, dental, behavioral health, medication-assisted treatment and prevention & recovery resources. www.wheelerclinic.org/

Gender and Life Affirming Medicine - Primary medical and gender affirming hormone treatment services. **Anchor Health Initiative** - Health care provider offering medical services to everyone in the community with expertise in the area of HIV/AIDS, Hepatitis C, and Transgender medicine. www.anchorhealthct.org/gam/

Circle Care Center - Specializations in primary care for people living with HIV, the LGBTQ community, and stigma-free STD/infections disease testing, treatment and prevention. circlecarecenter.org/ 860-657-0764



LGBTQIA + Resources

Mental Health Services & Supports

Department of Mental Health and Addiction Services DMHAS supports people who are lesbian, gay, bisexual, transgender and queer or questioning (LGBTQ+) and their allies by creating safe environments in mental health and substance use disorder facilities to support each other.

www.portal.ct.gov/DMHAS/Programs-and-Services/Finding-Services/LGBT-Services

CCAR LGBTQ Recovery Group - A safe space for lesbian, gay men, bisexual and transgender people and their allies to talk about how sexuality, gender expression and identity are connected to recovery. **860-244-3343**

Homelessness Support

Connecticut Coalition to End Homelessness - Resources and information for LGBTQ+ individuals experiencing homelessness.

www.cceh.org/provider-resources/lgbtq-resources/

National Hotlines

Gay & Lesbian National Hotline (GLNH) 888-843-4564

National Gay & Lesbian Youth Hotline 800-347-8336

LGBT National Youth Talkline 1-800-246-7743

The Trevor TEXT Helpline - Text START to 678678

Trevor Lifeline - speak in a judgement free zone 1-866-488-7386

National COMING OUT Support Line 1-888-688-5428

LGBTQ Domestic Violence Project 24hr 1-800-832-1901

Crisis Text Line Text 741741 text HELLO or HOLA

National Suicide Prevention for LGBTQ 800-273-8255

SAGE National LGBTQ Elder Hotline 888-234-7243



LGBTQIA + Resources

General Supports and Resources (Including resources for youth, Veterans and others)

Connecticut Gay and Lesbian Chamber - provides valuable business development opportunities, financial access and educational resources to the lesbian, gay, bisexual, transgender, questioning and others (LGBTQ+) and allied business community in the greater Connecticut area. www.ctglc.org/

COLAGE - Unites people with one or more LGBTQIA+ parent into a network of peers and supports them as they nurture and empower each other to be skilled, self-confident, and just leaders in our collective communities www.colage.org/

PFLAG Hartford - for LGBTQ+ people, their parents and families, and allies, committed to creating a world where diversity is celebrated and all people are respected, valued and affirmed. www.pflaghartford.org/ 860-785-0909

Trans Kids Purple Rainbow Foundation - educating and enlightening society about gender dysphoria & trans gender issues, supporting TransKids in school systems, challenging injustices due to discrimination, supporting homeless youth and providing scholarships and funds to transyouth in need. www.transkidspurplerrainbow.org/

True Colors United Through a wide array of advocacy, training & education, youth collaboration, and technical assistance programs, True Colors United implements innovative solutions to youth homelessness that focus on the unique experiences of LGBTQ young people. www.truecolorsunited.org/

Q+ Connecticut - statewide resource for the LGBTQI community which includes support groups, special events, and GSA Advisor resources. www.qplusct.org/



LGBTQIA + Resources

NAMI Young Adult Rainbow Connections - This is a free LGBTQ peer support group for young adults ages 18-29 facilitated by young adults with lived experience. www.namict.org under support groups. 860-882-0236

US Department of Veterans Affairs - Resources for LGBTQ veterans. www.va.gov/connecticut-health-care/ under health services & social programs & services

UConn Rainbow Center - The Rainbow Center (RC) provides advocacy, resources, information, social activities, training, safe space and educational programs related to UConn's diverse community of gender identities, gender expressions and sexualities www.rainbowcenter.uconn.edu

Resources for Older Adults

The Lavender Policy Center is dedicated to advancing LGBTQ+ rights through advocacy & policy reform while addressing the unique needs of senior citizens facing loneliness, disease, and economic or technological barriers. By championing legislative initiatives that promote equality and inclusivity, the Center works to create a more just society for LGBTQ+ individuals. The organization offers vital social support groups for seniors, fostering connections and providing resources to help them engage with their communities. Through a holistic approach that combines policy reform with compassionate community support, the Lavender Policy Center strives to empower both LGBTQ+ individuals and older adults, ensuring that every voice is heard and valued. www.lavenderpc.org



LGBTQIA + Resources

Resources for Older Adults

Continued.....

LGBT Moveable Senior Center - Come Out and Connect! LGBT adults and allies of the LGBT community throughout Connecticut are invited to join the LGBT Moveable Senior Center (MSC). The LGBT MSC is a partnership among Senior Centers to provide a welcoming pathway for the LGBT senior community to Senior Centers and their programs and resources.

www.cthealthyliving.org/explore-programs/

SAGE - SAGE is a national social service agency dedicated to LGBT seniors. It has a free, confidential hotline: **888-234-7243**. www.SAGEusa.org

National Resource Center on LGBTQ+ Aging - The National Resource Center on LGBTQ+ Aging is the country's first and only technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults, their families and caregivers. www.lgbtagingcenter.org/

CT Prime Timers - Prime Timers is a social organization for older gay and bisexual mature men. Our members' social lives are enriched by many diverse activities. Members can enjoy the opportunities and friendships that develop with other Prime Timers throughout the world. www.ctprimetimers.com/ or email: ctprimetimers@aol.com

LGBT Aging Advocacy - A network of LGBT community members and aging service providers with some state agency participation organized to help promote inclusive services for the LGBT community. **Face Book LGBT AgingAdvocacy/**



LGBTQIA + Resources

Legal Supports & Services

Connecticut Network for Legal Aid 1-800-453-3320
www.ctlawhelp.org/en/self-help/683

Connecticut LGBT Law Project www.ctlgblaw.com/

Lamba Legal - Lambda Legal, a 501(c)(3) nonprofit, is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work. www.lambdalegal.org/

Speak Up Teen - A project of the CT Center for Children's Advocacy www.speakupteens.org/lgbt/

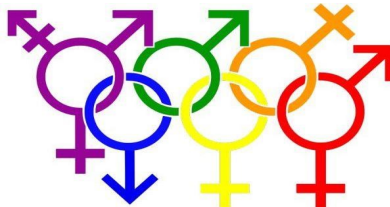
GLAD Legal Advocates and Defenders - Through strategic litigation, public policy advocacy, and education, GLBTQ Legal Advocates & Defenders (GLAD) works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation. www.glad.org/

Homelessness Supports

Connecticut Coalition to End Homelessness - Resources and information for LGBTQ+ individuals experiencing homelessness

www.Cceh.org/provider-resources/lgbtq-resources/

860-721-7876





LEGAL INFORMATION

Center for Medicare Advocacy helps to advance access to comprehensive Medicare coverage and quality health care for older people and people with disabilities by providing exceptional legal analysis, education and advocacy. Assists CT residents who believe they have been unfairly denied Medicare coverage.

1-800-262-4414

www.MedicareAdvocacy.org

Connecticut Fair Housing Legal Advice office offers free virtual office hours in partnership with NCAAA. Open to all adults aged 60+ in the surrounding town areas including Manchester. Teams online are available 2nd and 4th Wednesday of each month at 10am. Available by computer or phone, simply request a phone call during registration.

To Register:

www.tinyurl.com/officehours

Connecticut Legal Rights Project (CLRP) a statewide non-profit agency providing free legal services to low income adults with mental health conditions residing in hospitals or the community on matters related to their treatment, recovery, and civil rights. CLRP is separate from the Department of Mental Health and Addiction Services (DMHAS).

1-877-402-2299

www.CLRP.org

Hours: Mon-Fri
10am-12pm and
1pm-3pm

She Leads Justice formerly (CWEALF) is a statewide, non-profit telephone counseling service providing information on family law issues; divorce, harassment, equal pay, sex discrimination etc. Hotline information Mon-Thurs 9am-2pm and Fri 9am-1pm.

**860-524-0601
1-800-479-2949**

www.SheLeadsJustice.org

**Office #
860-247-6090**



LEGAL INFORMATION

Consumer Law Project for Elders, through CT Legal Services, provides no cost help to people 60+ who reside in CT and are having problems with credit card, medical debt, identity theft, etc. They have resources online pertaining to government benefits, funeral/burial contracts, healthcare, housing, nursing homes, POA's, living wills and other resources.

1-800-296-1467

www.CTLawhelp.org

Under self-help info, then Seniors

Consumer Protection:
State Attorney General's Office
860-808-5318

www.portal.ct.gov/ag

Department of Consumer Protection
1-800-842-2649

www.portal.ct.gov/dcp

Better Business Bureau
860-740-4500

www.bbb.org/us/ct

Credit Reporting Agencies: Under the **Fair Credit Reporting Act** consumers are allowed one free credit report each year from each agency.

1-877-322-8228

- ◆ **Equifax** www.Equifax.com
- ◆ **Experian** www.Experian.com
- ◆ **Transunion** www.Transunion.com

www.annualcreditreport.com

Greater Hartford Legal Aid provides free legal services to low-income people in Hartford County for civil legal issues, housing, entitlements, protective services, resident/patient rights, domestic violence, special education, expulsions & school discipline, diversity & inclusion.

860-541-5000

Email:
ghla@ghla.org

www.GHLA.org



LEGAL INFORMATION

Greater Hartford Legal Aid in the Community of Manchester Providing free legal help to eligible people in Hartford County for family violence, housing, public benefits, employment, education, elder, and immigration matters for victims of domestic violence. **Walk-in consultation hours** Mondays from 9am-1pm at Center Congregational Church, 11 Center St. Manchester.

860-541-5052

Call or email for an appointment

Email:
rrodriguez-cruz@ghla.org

Living Will/Advance Directives is a set of documents that allows a person to record decisions regarding medical treatment in case of incapacity, including removal or withholding of life support systems, appointment of a Health Care Agent, Durable POA or Conservator.

860-808-5318
www.portal.ct.gov/

Under dmhas and programs & services

Statewide Legal Services provides help to low-income people with referrals for non-criminal legal problems via phone. Areas of assistance include family, employment, public benefits, bankruptcy, and housing. They may refer clients to a legal services office or a private attorney at no cost to the client. They also offer booklets on-line regarding: Financial Benefits, Bankruptcy/Collections, Family Housing, Immigration, Medical/Health Care, Utilities, Disability Rights, Seniors, Students, Work/Unemployment.

1-800-453-3320

www.SLSct.org

Hotline hours
9:00am - 12 noon
1:00pm - 2:00pm

Monday - Friday

1-800-559-02565
for eviction assist.

Support Enforcement Services works with state and federal agencies to operate the "**CT Child Support Enforcement Program**" to help parents enforce and modify their child support orders.

1-800-228-5437

www.jud.ct.gov/child support



PROTECTION & ADVOCACY

AARP	SEE PAGE 30, 80, 86
Amplify, Inc. evaluates state-funded mental health services, educates legislators and the public about critical mental health needs. Advocates for state funding for services. Works to develop plans, and advocate for strategies and resources to advance healthy communities.	860-267-5439 www.amplifyct.org
Center for Medicare Advocacy	SEE PAGE 72
Connecticut Alliance to End Sexual Violence provides a 24-hour toll free hotline for victims who have been raped or sexually assaulted. Services provided include short-term counseling, support and empowerment groups, advocacy with police and court process as well as a variety of educational opportunities.	860-282-9881 1-888-999-5545 call or text 1-888-568-8332 Español www.endsexualviolencect.org
Department of Children and Families	SEE PAGE 16
Disability Rights Connecticut, Inc.	SEE PAGE 24
Emergency Preparedness -Town of Manchester is responsible for maintaining a local emergency plan which maximizes survival of people, prevents or minimizes injuries, preserves property & resources in Manchester by making use of available manpower, equipment & other resources in the event of a natural, man-made or national security emergency/disaster. The emergency plan provides direction and control and the continuity of government in disaster situations.	860-647-3173



PROTECTION & ADVOCACY

Federal Trade Commission protects consumers by offering assistance with **IDENTITY THEFT**, Credit & debt issues, No-Call Listing, unfair business practices, provides Scam alerts, and assists with filing Consumer Complaints. For individuals to file a complaint —————>

202-326-2222

www.FTC.gov

www.Reportfraud.ftc.gov

The Health Collective empowers individuals of diverse sexual orientations, gender identities and gender expressions to lead healthy lives through the provision of health support services, education and advocacy. **The Health Collective East** is located in Manchester on 64 Church Street.

**860-512-8661 or
860-278-4163**

www.healthcollective.org

**Email:
Info@healthcol
lective.org**

Immigration Services & Citizenship

SEE PAGE 60-63

Interval House (*Safe Connect Resource Line*) helps to provide free support and advocacy services to victims of domestic violence. Services include a 24-hour hotline, safe emergency shelter, victim and legal advocacy, counseling, support groups, and children's programs.

**860-645-4033
860-527-0550
24 hour numbers
860-838-8467 or
844-831-9200
Español
www.IntervalHouseCT.org**

Long Term Care Ombudsman

SEE PAGE 87

Manchester Community Services Council (MCSC) provides a forum to address the needs of the Manchester community, creating local alliances that remove barriers to human services and support quality of life for all Manchester residents. Interested citizens, agencies, nonprofits and businesses participate in monthly meetings.

**www.Manchesterct.gov/MCSC
P.O. Box 4032
Manchester, CT
email:
contact.mcsc.ct
@gmail.com
Facebook.com/
mcscmanches-
ter**



PROTECTION & ADVOCACY

North Central Area Agency on Aging (NCAAA) provides planning and management of funding and advocacy services to older persons and their caregivers to ensure they have access to quality & cost effective services and many resources.

860-724-6443

1-800-994-9422

www.NCAAAct.org

Office of the Child Advocate

SEE PAGE 18

Office of Consumer Counsel advocates for all state of Connecticut utility rate payers, seeks to ensure reasonable rates/service are given for electric, gas, telephone, cable and water. **They offer a link to the Energy Suppliers with rates on their website energizect.com**

860-827-2900

www.portal.ct.gov/OCC

Office of Victim Services (OVS), a division of the State Judicial Branch, provides various programs and services for crime victims, including financial compensation, counseling, social services advocacy and victim notification about offender status.

860-263-2760

1-800-822-8428

www.Jud.ct.gov/CrimeVictim

Email:

OVS@jud.ct.gov

PFLAG (Parents, Families, Friends and Allies United with LGBTQ) People to Move Equality Forward

SEE PAGE 68

Protective Services for the Elderly

SEE PAGE 88

Public Utility Regulatory Authority provides information on how to control your energy consumption and choose your best rate. They have a consumer affairs team is available to respond to questions and complaints about utility providers.

1-800-382-4586

www.portal.ct.gov/pura

Email: pura.information@ct.gov



PROTECTION & ADVOCACY

Safe Haven for Newborns (or the Safe Haven Law) allows a parent or person with lawful custody to surrender a baby (30) days or younger, confidentially to the nursing staff of a hospital emergency room, without fear of arrest or prosecution for child abandonment. **Locations:** Any Emergency Department

211

1-844-767-2229

www.portal.ct.gov/CCFSA Home Link for Newborns

Victims of Crime Act case management program is dedicated to providing Victims of Crime individualized support and resources to help cross over from victim to survivor. This program is through the **Connecticut Council of Family Services Agencies (CCFSA)** to be eligible for the program, victimization must have occurred in CT and victim must live in CT.

1-800-505-9000

860-571-0093

www.Ctfsa.org

Email: info@ctfsa.org





DIVERSITY, EQUITY & INCLUSION (DEI)

African-American & Black Affairs Council	Aabac04@gmail.com facebook.com/aabacom/
Latino Affairs Council advocates and connects to services director.of.MLAC@gmail.com	860-986-0105
Manchester Public Schools Office of Equity & Partnerships facebook.com/MPSEquityAndPartnerships/	860-645-6041
Ministerial Health Fellowship advocating for health equity concerns in the community	860-817-3330 www.mhfct.org MinisterialHealthFellowship@gmail.com
Power Up Manchester	www.Powerupmanchester.org





RECREATION & LEISURE

AARP offers programs, resources, speakers, trips, and discounts for those who are 50 years and older, to help improve the quality of their lives.

1-866-295-7279

www.AARP.org

Bookmobile

SEE PAGE 21

Instructors of the Handicapped

SEE PAGE 25

MARC Inc.

**SEE PAGE 26,
104**

MEN'S GROUP for 60+, this social group enjoys a variety of activities including current events, health topics, trivia and of course good conversation while meeting new people. **Meets Mondays 10:45am – 11:45 am** for Manchester senior center members.

WOMEN'S GROUP for 60+ also meets on Mondays from 9:30am-10:30am.

860-647-3211

www.Manchesterct.gov/seniorcenter

**Location: Senior
Center Library**

The Neighborhoods & Families Division (a Division of the Department of Leisure, Families and Recreation), is dedicated to coordinating communication among policy makers, service providers, and the Public and encouraging community partnerships that create healthy neighborhoods and families.

860-647-3089

**Email:
jcosta@manchesterct.gov**

www.Manchesterct.gov/lfr



RECREATION & LEISURE

Road Scholar a non profit organization offering a low cost leisure / educational program for older adults 55 and older; they travel to all 50 states and abroad.

1-800-454-5768

www.roadscholar.org

UR Community Tech Center and Cycling Without Age Manchester – Older adults and people with disabilities are invited to take a free class and drop in to the Tech Center for education and networking year-round. Enjoy a free ride on the pilot-driven electric bike based in Charter Oak Park, April through October.

860-430-4557

www.URCommunitycares.org

info@URCommunitycares.org





RECREATION & LEISURE

The **Recreation Division** of the Department of Leisure, Family and Recreation, provides programming for all ages and ability levels. Summer programs include a wide variety of recreational activities for both youth and adults.

They offer five supervised summer camp sites and special events for children aged 5-15 as well as a recreation leader in training camp. In addition to our youth, we also offer a week in the summer for Camp Kennedy which focuses on providing fun, safe activities and events for disabled adults. During the outdoor season, residents may swim, take lessons or attend aquatics classes at Globe Hollow or at one of the town's other four in-ground pools.

Recreation works with local youth sports organizations offering support services, scheduling of fields and cosponsoring

events. The Department of Leisure, Family and Recreation also cosponsors a variety of special events including: concerts in center memorial park, Pride in Manchester, Cruisin' on Main, Juneteenth and



Hispanic Heritage Day (to name a few).

Recreation operates three recreation centers with activities for all ages. Indoor swimming is offered at the Manchester High School Main and IOH pools for residents. They can swim, take lessons or attend aquatics classes. Year-round adult fitness programming, youth sports, the fitness center at the Community Y Rec Center, the Jay Howroyd Fitness Trail at Union Pond are offered and much, much, more!

**Located at 39 Lodge Drive, Manchester
860-647-3084**

www.Manchesterct.gov/lfr



RECREATION & LEISURE

The Manchester Youth Service Bureau (YSB) provides positive youth development opportunities through a variety of programs that focus on: life skills, employment/vocational, community service, diversion, early childhood, relationships, and family. Programs are open to youth, ages 0-21, who reside in or attend school in Manchester.

The office hours of the Manchester Youth Service Bureau are 8:00-4:30, Monday-Friday. Programming often extends outside of office hours including evenings and weekends.

SEE PAGES 19 & 20 for youth programs offered.



860-647-5213

Located at 63 Linden Street

www.Manchesterct.gov/ysb

Email: youthsvc@manchesterct.gov



RESPIRE RESOURCES

A Place for Mom

SEE PAGE 86

ADULT DAY CARE CENTERS: Average cost is \$80/day

Caring Connection—330 Windsor Ave, Windsor

860-547-0251 www.windsorcaringconnection.com

Daybreak—243 South Whitney St, Hartford

**860-523-0108 www.daybreakathartford.com
*Primary language Spanish***

Family Adult Day Care 445A Willard Ave, Newington

860-436-2013 www.ctfamilycare.net

SarahCare of East Hartford—870 Burnside Ave., East

Hartford 860-282-9097 www.sarahcare.com

Senior Moments—31 Kingsbury Ave, Tolland

860-926-4515 or 1-866-645-9500

www.Eldercareconsultingllc.com



RESPIRE RESOURCES

<p>Alzheimer's Statewide Respite Care Program This program offers relief to stressed caregivers by providing information, support, the development of an appropriate plan of care, and services for the individual with Alzheimer's Disease or related dementias. Clients may receive care through the delivery of services through agencies (traditional care option) or caregivers may hire someone of their choice to provide care (self-directed care option).</p>	<p>1-800-994-9422</p> <p>www.portal.ct.gov/AgingandDisability/Content/Pages/Programs/Connecticut-Statewide-Respite-Care-Program</p>
<p>MARC, Inc.</p>	<p>SEE PAGE 26, 104</p>
<p>MARCH, Inc. of Manchester is a private, non-profit agency that provides temporary care for children & adults with developmental disabilities; the service allows other family members time for errands, business or vacations.</p>	<p>860-646-4446</p> <p>www.marchinc.org/</p>
<p>North Central Area Agency on Aging can help you determine what respite care program is right for you. You must meet eligibility requirements for types of programs and services requested. Please note: the person will need assistance with at least two Activities of Daily Living and have basic knowledge of financial info.</p>	<p>1-800-994-9422 or 860-724-6443</p> <p>www.NCAAAct.org</p> <p>Under Services Respite Services for Caregivers</p>



SENIOR SERVICES

A Place for Mom is a local and nationwide information service that explores eldercare options including nursing homes, assisted living facilities, independent living and home care agencies & respite care. Call to speak to an Eldercare Advisor about care requirements, finances and other needs.

**1-866-518-0936 or
1-866-731-6964**

[www.APlaceFor Mom.com](http://www.APlaceForMom.com)

AARP (The American Association of Retired Persons) is a membership organization of persons 50 years and older. It offers educational information on numerous issues that affect older adults. They advocate for elders at the State and Federal level.

1-888-687-2277

**1-877-342-2277
Spanish**

www.AARP.org

Adult Day Care

SEE PAGE 84

Advanced Directives : Planning for Future Health Care Decisions. Available on the State of CT website.

860-724-6443
www.portal.ct.gov
then type advanced directives

American Society on Aging (ASA) Their resources, publications and educational opportunities are geared to enhance the knowledge and skills of people by addressing the challenges and opportunities of a diverse aging society.

1-800-537-9728

www.asaging.org/

Blood Pressure Screenings please check in with the front office at the Senior Center for blood pressure dates. If you have questions or concerns contact the Manchester Health Department.

**860-647-3173 or
860-647-3211**
For Information

CT Home Care Program for Elders

SEE PAGE 48



SENIOR SERVICES

Consumer Law Project for Elders	SEE PAGE 73
Dementia - how to lower your risk, an online resource.	www.ManofHealth.com/longevity/lowerriskdementia.cfm
Eldercare Locator is a free national service. Its goal is to provide older Americans and their caregivers information and resources to live independently and safely in their own homes. They also offer support for caregivers. They have information on a wide range of topics including financial, nutrition, health, home repair, legal, transportation and more.	1-800-677-1116 www.eldercare.acl.gov
File of Life is an informational tool provided by the Manchester Fire Department and used by Emergency Personnel or First Responders in the event of a medical emergency. It contains emergency contact information, medical history, medications, allergies, insurance info, etc., that can contribute to saving lives.	860-647-3266 www.Manchesterct.gov/mfre For info or to order one Free of charge
Homeowner's Tax Relief for Seniors, Veterans and People with Disabilities	SEE PAGE 34 & 97
Income Tax Services	SEE PAGE 34
Long Term Care Ombudsman Program through the CT Department of Social Services, protects and promotes the rights and quality of life for people who live in skilled nursing facilities, residential care homes and assisted living facilities.	1-866-388-1888 860-424-5200 www.Portal.ct.gov/LTCOP



SENIOR SERVICES

Manchester Municipal Agent for the Elderly - Eileen Faust	860-647-3214
National Council on Aging (NCOA) is a national organization that provides information and advocacy in the field of aging. The website offers valuable educational information.	571-527-3900 <u>www.NCOA.org</u>
National Institute on Aging (NIA) is a Federal Agency with the mission of improving the health and well-being of older Americans through research on the aging process and related diseases such as Alzheimer's, cancer, diabetes and the special needs of the aged. They offer Spanish website option.	1-800-222-2225 <u>www.NIA.NIH.gov</u> Email: <u>niaic@nia.nih.gov</u>
North Central Area Agency on Aging (NCAAA)	SEE PAGE 77, 85
Protective Services for the Elderly (PSE) is administered through the State Department of Social Services. It investigates complaints, concerns, or reports of abuse, neglect, abandonment and exploitation of people 60 years and older. There are no income requirements. After hours call 211 .	1-888-385-4225 Outside CT call 1-800-203-1234 <u>www.Portal.ct.gov/dss</u> under children, family, and older adults
Renter's Rebate	SEE PAGE 35
Reverse Mortgage Programs	SEE PAGE 35
Senior, Adult & Family Services	SEE PAGE 58
Senior Center, Manchester	SEE PAGE 59, 96



SENIOR SERVICES

Senior Circle Activity Group is a small recreation group meeting twice weekly at the Senior Center. Designed for Manchester residents 60+. The group meets Tues & Thurs with the Therapeutic Recreation Specialist. Members enjoy a variety of activities including crafts, gentle exercise, reminiscing and discussing current events & lunch together.

860-647-3211

www.Manchesterct.gov/seniorcenter

Senior Foot Care takes place at the Senior Center first and third Friday each month, by a nurse, for Manchester seniors (**nail clipping, not available for diabetics or people with circulatory problems**). Ap-
pointments are necessary, the cost is \$30.00/cash or check. Call the Health Dept. for an appt.

860-647-3173

www.Manchesterct.gov/health

Senior Health Solutions of Connecticut is a network of health care organizations specializing in geriatric services and providing information on physicians, hospital care, rehabilitation, visiting nurses, home care, assisted living or assistance in navigating the health care maze.

860-263-4100

www.Hartfordhealthcare.org/services/

Under senior-
services

Senior Job Bank

SEE PAGE 32

UR Community Cares Free local resource designed to help older and disabled adults use technology in a friendly setting. Drop in for coaching or attend classes that vary by month. Open Mon., Thurs. and Fri., 10am to 3pm.

860-430-4557

www.URCommunitycares.org

153 Spruce
Street Manches-
ter



SUPPORT GROUPS

Addiction Support—Smart Recovery Group for youth & adolescents who are struggling with alcohol, drugs and compulsive behaviors. Groups held at Manchester High School and for MHS students only.

860-647-3521

Alanon, Alateen Family Groups - Connecticut offer hope & help for families & friends of alcoholics.

1-888-825-2666

www.ctalanon.org

Alcoholics Anonymous provides support and information about events, meetings, and educational opportunities in Connecticut.

1-866-783-7712

www.ct-AA.org

Alzheimer's Association provides education, info/referral and support to Alzheimer's patients and families. Also offers a caregiver's course, Chapter Respite Care Program, annual caregivers' conference and Safe Return Program and local resources and referrals.

1-800-272-3900
24hr helpline

www.ALZ.org/CT

Alzheimer's & Caregiver Support Groups offered through VNHS on the 3rd Wed of each month at Vernon Senior Ctr. 135 Bolton Rd.

860-872-9163
EXT 8346 registration required

American Cancer Society offers education, outreach and support to patients and their families.

1-800-227-2345
www.Cancer.org

Bereavement/Grief Support Group offered through VNHS call for more information - registration required. Various groups held throughout the year on Mondays 2pm-4pm.

860-872-9163
EXT 8425
Group meets at
8 Keynote Dr.
Vernon



SUPPORT GROUPS

Brain Injury Alliance of CT (BIAC)	SEE PAGE 22
Cancer Care provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children etc. They offer counseling & support groups, education, financial assistance & practical help provided by professional oncology social workers: completely free of charge.	1-800-813-4673 www.CancerCare.org Email: info@ cancercare.org
Cancer Hope Network matches patients and caregivers with patients who have already undergone treatment for peer mentorship & support.	1-800-552-4366 www.CancerHopeNetwork.org
Department of Children and Families (DCF)	SEE PAGE 16
Family Development Center	SEE PAGE 16
Grandparents Raising Grandchildren support information and resources for kinship caregivers/ grandparents/custodial relatives.	www.211ct.org 1-800-994-9422





SUPPORT GROUPS

Griefshare 13-week, support group ministry that helps people heal from the pain of grief. This faith-based program is open to any one experiencing the type of grief that stems from the death of a loved one. Meeting options are available, online or in-person. This group is free but please register so we can prepare for you. This session of GriefShare, hosted by Manchester Church of Christ .

860-646-2903

www.manchesterofofc.org/griefshare-7/

For more details and how to register

Hartford Healthcare Center for Hospice Care provides bereavement counseling, support groups and information to members of the community who have suffered a loss. These programs are open to all, regardless of whether Center for Hospice Care was involved in their loss.

1-877-654-4035

860-848-5699

www.Hartfordhealthcareathome.org

Health Collective East provides case management, support groups, individual therapy, education and outreach to those affected by HIV/AIDS. They provide HIV testing and prevention. **See pg. 76**

860-278-4163

860-512-8661

www.Healthcollective.org

Interval House

**SEE PAGE 76,
102**

Manchester Memorial Hospital Support Groups offer a wide variety of groups that meet at the Hospital i.e.: health, mental health, BI, Diabetes, Ostomy Sup., Autism, Bereavement and much more.

**860-646-1222
Ext 2292**

860-533-6550

www.ECHN.org



SUPPORT GROUPS

NAMI of Connecticut offers a support group for family & friends and people affected by mental illness. Meetings are on-line and in person see website for details on these support groups: **Family Support, Recovery Support, Veterans, Young Adults, Peer Support, Child & Adolescent for parents & Caregivers**

860-882-0236

www.namict.org/support-and-education/support-groups/

National Federation of the Blind

SEE PAGE 26

Parkinson's Support Group is the 2nd Tuesday of the month from 10:30am-12pm. To register call or email.

860-430-4557

Michelpuzzo@urcommunitycares.org

Pathfinders Club

SEE PAGE 12

PFLAG (Parents, Families, Friends and Allies United with LGBTQ People to move Equality Forward)

SEE PAGE 68

The Compassionate Friends The mission of The Compassionate Friends: When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

1-877-969-0010

www.compassionatefriends.org/

Time has proven that in caring and sharing comes healing.

TOIVO - Recovery Support

SEE PAGE 14



TRANSPORTATION INFO

ADA Paratransit Service is in compliance with Americans with Disabilities Act providing door-to-door transportation throughout greater Hartford 7- days per week early morning to late night. Available for people whose disabilities prevent use of public transit. Registration is required and there is a fare of \$3.50 per one-way trip or \$28/10Rides. Manchester residents qualifying for ADA Transportation can receive a 30/Ride allotment every three months of free trip tickets through Senior, Adult & Family Services by calling **860-647-3306**. You must call every 3 months to continue receiving them if needed.

860-724-5340
#1 Reservations
8am-5pm

#2 dispatch or
where is my ride

#4 applications

#9 Customer
Service

<https://HartfordTransit.org>

American Cancer Society through their “Roads to Recovery” program offers rides for appointments related to treatment and recovery Monday through Friday for those without other means of transportation. They require 4+ days advance notice and rider must be ambulatory.

1-800-227-2345

www.Cancer.org
All rides subject
to volunteer
availability.

Bureau of Rehabilitation Services offers training services for drivers with physical disabilities who require adaptive equipment to drive. Must be a permanent Connecticut resident.

1-800-537-2549
860-647-5960
www.Portal.CT.gov/rehabilitationervices/

Connecticut Department of Transportation provides information on travel services and programs within CT.

860-594-2560
www.Portal.CT.gov/DOT

Connecticut Transit offers reduced fares for elderly and disabled persons with a Medicare card or State-issued photo I.D. card.

860-525-9181
www.CTtransit.com



TRANSPORTATION INFO

Encompass Transportation - the freedom to travel with no limitations. Passengers must be approved through an eligibility process thru Greater Hartford Transit District. You must be 60 years of age **OR** have a disability. Up to three passengers can ride for the price of one. **The Encompass Program trips are discounted.** The passenger pays only \$5.00 for the first 8 miles traveled. Each additional mile traveled is \$2.90. Your trip is automatically charged to your account, eliminating any exchange of money while you're in the vehicle.

860-444-4444

www.Encompass.m7ride.com

Dial-A-Ride offers FREE rides in Manchester for residents age 60+ and/or adults with disabilities of any age. Rides are available Monday through Friday. Dial-a-Ride provides non-emergency transportation and can be used for trips to medical appointments, grocery shopping, personal errands and social outings within Manchester. **Reservations and registration are required.**

860-870-7940

www.HVCChelps.org

8:00am–4pm
Monday—Friday

Service through
Hockanum Valley

DAV - Disabled American Veterans operates a fleet of vehicles around the country to provide free transportation to VA medical facilities for injured and ill veterans. The vans are driven by volunteers, and rides are coordinated by more than 178 Hospital Service Coordinators around the country. For more information visit their website.

860-594-6612
VA Regional Ofc
860-666-6951
Newington VA
Medical Center

www.Dav.org
Under get help
now



TRANSPORTATION INFO

Senior Center Transportation - bus rides to and from the Senior Center can be scheduled up to 3pm on the day before your ride is needed. Please remember that masks may be used at your discretion, but are strongly encouraged while using any Senior Center transportation, Dial A Ride or ADA. If you need to cancel your ride with us, please call the office with as much advance notice as possible.

860-647-3211

www.Manchesterct.gov/seniorcenter

NEMT Transportation (formerly VEYO) for non-emergency "plan covered" medical appointments for **Husky A, C & D** participants on a limited basis. The services are administered by **MTM**. Provided to eligible Medicaid members in CT who have no other way of getting to their medical, behavioral health or dental appointments.

1-855-478-7350

www.MTM-inc.net/Connecticut

You can download the MTM link member mobile app to stay in touch with your driver

Reservations taken from 7:00am - 6:00pm Mon - Fri and need to be made 2 business days in advance of travel.

You can also schedule rides on-line



VETERANS INFORMATION

Veterans Advisory Committee Established in 2021, The Veteran's Advisory Committee works to further enhance the Town of Manchester's efforts to provide its veterans with support services and opportunities consistent with Connecticut General Statutes Section 27-135. They meet monthly on the third Wednesday of the month at 7p.m. at the Manchester Senior Center. www.manchesterct.gov/Government/Town-Leadership/Boards-Commissions-Committees/Veterans-Advisory-Committee



VETERANS INFORMATION

DAV - Disabled American Veterans has a goal to empower veterans to lead high-quality lives with respect and dignity. They offer information on Transition Services, provide information on Free Transportation to VA medical facilities, offer outreach programs and mobile services to veterans with mobility challenges, free assistance for service injured or ill veterans to assist with job training and job assistance programs. They also have information on special events and seminars.

1-877-426-2838

1-877 I AM VET

860-594-6612

www.DAV.org/

Hire VETS.GOV, provides information for Veteran job seekers and employers to connect. Contact your local veterans business representative or veterans workforce development person.

860-256-3522

www.HireVets.gov

Homeless Veterans can contact the Veterans Outreach Social Worker for Homelessness for assistance. The National number is 203-932-5711 Ext 11331.

**860-666-6951
Ext. 16347 or
Ext. 16466**

Manchester Veteran's Clubs:

American Legion 20 American Legion Dr **860-791-8063**
Army Navy Club 1090 Main Street **860-646-9133**
VFW meets 2nd Tue/mo @ 6:30pm @ Army Navy Club **860-990-0248**

www.Military.com a website offering information on recruiters, disability, jobs, loans, military discounts & much more.

Property Tax Relief for Veterans
 Manchester Assessment & Collection processes applications for veterans, their spouses and active duty military for tax credits and possible exemptions. DD-214 needs to be filed with the Town Clerk.

860-647-3017

www.Manchesterct.gov/assessmentandcollection



VETERANS INFORMATION

Soldiers', Sailors' and Marines' Fund assists veterans and/or dependents with emergency financial needs including food, clothing, medical, shelter, utility bills, dental, eye and hearing. Must have completed 90 days of federal active military service, not for training.

860-296-0719
1-844-454-8900
www.alctssmf.org

****Must be a CT resident and demonstrate a need**

Veterans' Affairs provides benefits to veterans and their families for education, employment, health, home loans, insurance, medical, pension, rehabilitation, housing facilities, and burial.

1-800-827-1000
1-800-698-2411

988 - then press 1
Vet Crisis Line
www.VA.gov

Veterans' Benefits Counselor the Manchester Veteran's Affairs Committee and Human Services Department offer Veteran supports to Manchester residents. Combat and non-combat veterans, spouses of deceased veterans and POA's of veterans, for any veteran related business. They offer assistance with information, forms preparation, referral, VA matters etc.

860-647-3270
option #7

***Please call and leave a message. A representative will call you back.**

Veterans Choice Program provides eligible veterans the option to receive VA Community Care from approved providers in their communities. Call for qualifications and appointments.

1-866-606-8198

www.ThemWarrior.net.com/veterans-choice-program

Veterans Directed Care is a program that gives veterans of all ages the opportunity to receive home and community based services in a consumer-directed way. Personal care services to help with activities of daily living and more.

860-242-5023 or
contact your VA
case Manager
www.VA.gov

www.Portals.ct.gov/aginganddisability



VETERANS INFORMATION

Veterans Base Camp offers the RE-SET Group, a transitional housing program, Outreach Buddies Program, Angels in Combat Boots, where Vets help children in foster system with supports to thrive, and much more.

860-786-7163

www.VeteransBaseCampInc.org

The Veterans OASIS at CT State Manchester provides a dedicated, supportive space for veterans and military service men and women to network, socialize, study and share, as they integrate into the college experience. The Veteran School Certifying Official (located in the OASIS) provides information and processing of VA Education Benefits, as well as other campus resources such as Career and Veteran Services, Academic Advisors, Registration, and Financial Aid assistance. The OASIS is used by the VETS Club to host its monthly meeting.

To reach the Veteran's Certified Associate call:

860-512-3375

Veterans Crisis Line

988 then press 1

Veteran's Inc. provides employment, training, health services, support, homeless outreach and housing (emergency, transitional and permanent) to Veterans in need.

**508-791-1213
1-800-482-2565**

www.veteransinc.org

Veteran's Ride for FREE is a service to Newington & West Haven VA Hospitals. Rides must be booked 1-2 weeks in advance.

860-317-1025

www.VeteransRide4free.org

Veterans Support Foundation provides homeless veterans a place to live, and support services.

800-882-1316

www.vsf-usa.org



VOLUNTEERING & COMMUNITY SERVICE

**** Denotes Community Service Accepted**

American Cancer Society ** welcomes volunteers to help in many ways including its transportation program **“Road to Recovery”** for ambulatory cancer patients who have no other way of getting to their lifesaving treatment appointments. **Coordinators** are needed to oversee all requests received for transportation and **Drivers** are needed to transport patients to and from their cancer-related medical appointments.

1-800-227-2345

www.cancer.org

Big Brothers/Big Sisters provide children facing adversity with strong and enduring, professionally supported 1-1 relationships with adult volunteers that change their life for the better, forever. They sponsor a **Foster Grandparents Program** in the school system with a stipend for low-income elderly.

860-525-5437

www.ctbig.org

Building Healthy Families located at 20 Hartford Rd, Manchester—offers many different opportunities surrounding families and children. Call, text or email for info.

860-375-0121

**Email: volunteer
@bhfct.org**

www.bhfct.org

Bureau of Education & Services for the Blind provides volunteers to assist with activities of daily living, reading mail, shopping, companionship.

**Volunteer Coord
860-602-4129 or
1-800-842-4510
Ext 4129**

Cheney Hall/Little Theatre of Manchester offers many volunteer opportunities. Email: volunteering@cheneyhall.org

860-647-9824

www.cheneyhall.org



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Connecticut Forest & Parks Assoc.** is a private, non-profit conservation organization offering volunteer opportunities for teens and adults such as maintaining blue-blazed hiking trails like those at Case Mountain.

860-346-8733

www.ctwoodlands.org

Email: info@ctwoodlands.org

Creative Living Community of CT has volunteer opportunities; its vision is a farm community for people with and without disabilities.

www.creativelivingcommunityofct.org

CRT Volunteers needed for delivering meals, to assist at early childhood programs, summer food programs and much more.

860-560-5600

www.crtct.org

The Governor's Prevention Partnership: A mentorship program, seeking to help prevent underage drinking and substance use and builds strategic alliances to promote the overall well-being of CT's future workforce.

860-523-8042

www.GPPCT.org

Emergency Preparedness has volunteer opportunities for medically qualified individuals to join the **Capitol Region Medical Reserve Corp.** Physicians, PA's, EMT's, Mental Health Prof., Nurses, Nurses Aides, Dental Surgeons, Pharmacists and Veterinarians. Non-medical volunteers also sought.

www.CapitalRegionMRC.org

Foodshare** seeks volunteers for food pick up, gardening, cleaning, office and mailings, warehouse work, etc.

860-286-9999 Ext 5

www.CTfoodshare.org



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Goodwill Thrift Store ** seeks volunteers for various tasks within the store and collecting donations. Please call and ask to speak to the manager.

860-643-2709

www.gwct.org

Hartford Hospital ** offers a wide variety of opportunities to match your interest for teens between 14 and 18 and adults. Training and free parking.

860-972-2198

www.HartfordHospital.org/volunteers

Hockanum Valley ** seeks assistance from both volunteers and community service people. They have a wide range of needs. Volunteer and Community Service.

860-872-9825

www.hvcchelps.org/volunteer

Interval House volunteers can help ensure that victims of domestic abuse and violence don't have to be alone. 24-hour hotline 860-838-8467. Various opportunities avail.

860-246-9149

www.Intervalhousect.org
under get involved

ECHN Volunteering they assist in meeting the needs patients and their families by providing companionship, respite assistance, and emotional support. Other opportunities, K9, Reiki, Music, photo and more.

**860-646-1222
Ext 2717**

www.ECHN.org/learn/volunteering-opportunities/

Journey Home** seeks assistance to help move furniture for those moving out of homelessness and into housing in the greater Hartford area. Volunteer opportunities weekly from 10am - 1pm.
journeyhomect.org/a-hand-up-volunteer/

860-808-0336

Email:
volunteer@journeyhomect.org



VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Literacy Volunteers of Greater Hartford ** offering small group instruction to adults needing help with reading, writing, computer, and speaking English. Applications on-line.

860-233-3853

www.LVGH.org

Lutz Museum ** located at 247 South Main Street, Manchester, has opportunities available for teens and adults. Email: cmazur@lutzmuseum.org

860-643-0949

www.lutzmuseum.org

Manchester Area Conference of Churches/MACC Charities ** volunteer opportunities for individuals and groups by appointment only in the Community Kitchen, Emergency Food Pantry, Community Threads Thrift Shoppe as well as specialized projects & seasonal events.

860-647-8003
Ext 112

www.MACC-ct.org

Manchester Chamber of Commerce seeks volunteers for different fund raising events. Email: staffgmcc@manchesterchamber.com

860-646-2223

www.manchesterchamber.com

Manchester Police Activities League (PAL) seeks volunteers for many programs involving Manchester youth and police officers. Some activities include, Judo Club, Karate Club, Taekwondo Club and 3 on 3 summer basketball.

860-645-5525

email:
manchesterctpal@gmail.com

VOLUNTEER





VOLUNTEERING & COMMUNITY SERVICE
**** Denotes Community Service Accepted**

CT Community for Addiction Recovery accepts Volunteer/ Internship/Community Service hours. Located at 75 Charter Oak Ave. 1st fl., Hartford

860-244-3343
Geraldo Rivera
Volunteer Mngr.

Manchester Road Race seeks volunteers to assist with their Thanksgiving Day event. Contact via web.

www.manchesterroadrace.com

Marc Inc. of Manchester has a variety of volunteer opportunities including respite assistance.

860-646-5718
www.marcct.org

Midwest Food Bank **seeks individual or group volunteers, packaging, sorting, light/heavy lifting. For more information contact the Volunteer Manager.

860-783-1820
www.midwestfoodbank.org/location/NewEngland

NAMI of CT seeks volunteers for phones, administration and more.

860-882-0236
www.Namict.org

National MS Society CT Chapter seeks volunteers for many opportunities. Email: info@ctfightsms.org

1-800-344-4867
www.nationalMSSociety.org





VOLUNTEERING & COMMUNITY SERVICE

** Denotes Community Service Accepted

Rebuilding Together** has a variety of projects throughout the year where they need volunteers.
Email: Molly.devanney@gmail.com

860-647-3167

www.rebuildingmanchester.org/

**Facebook.com/
rebuildingtogeth
ermanchester**

AmeriCorps Seniors matches volunteers 55 and over with their areas of interest. **1-800-942-2677**

www.AmeriCorps.gov/serve/ameriCorps-seniors

United Way of Central and North-eastern Connecticut ** provides volunteer opportunities at nonprofit agencies in the Greater Hartford Area. For a complete listing please visit the web site.

860-493-6800

www.Unitedwayinc.org/volunteer/

UR Community Cares Volunteers are needed for a variety of programs and roles to assist and enrich the lives of older adults and people with disabilities. Learn more about Neighbors Helping Neighbors, UR Community Tech Center, Cycling Without Age Manchester and UR Vision Resources online.
Facebook.com/URCommunityCaresinc/

860-430-4557

www.Urcommunitycares.org

**Email:
[info@urcom
munitycares.org](mailto:info@urcommunitycares.org)**

World Wide Lighthouse Missions (WWLM)** assist with sorting, packing, relief aid, shelf inventory, cleaning etc. **Email: donationcenter@wwlm.org**

**860-645-4198 or
860-645-4141**

www.wwlm.org



INDEX

211 Infoline	4, 10, 15, 33, 48, 51, 55, 64, 78
A Place for Mom	86
AARP	30, 80, 86
ACCESS Health CT	43, 44
Access line for Substance Abuse	8
ADA Transportation	94
Addiction Support	90
Adult Day Care Centers	84
Advanced Directives	86
African-American & Black Affairs Council	79
Alanon/Alateen Groups	90
Alcoholics Anonymous	90
Alzheimer's Association	90
Alzheimer's Caregivers Support	90
Alzheimer's Statewide Respite Care Program	85
American Cancer Society	40, 90, 94, 100
American Job Centers	30
American School for the Deaf (ASD)	21
American Society on Aging (ASA)	86
AmeriCorps Seniors	105
Amplify Inc.	75
Are You OK Program	21
Benefits Check Up	33
Bereavement Support	90
Best Chance Offenders	31, 64
Big Brothers/Big Sisters	100
Birth to Three Program	15
Blood Pressure Screenings	86
Bookmobile	21
Brain Injury Alliance of Connecticut (BIAC)	22
Building Healthy Families	15, 100
Bureau of Education & Services for the Blind	22, 100
Bureau of Rehabilitation Services (BRS)	22, 94
Cancer Care	91
Cancer Hope Network	91



INDEX

Capital Workforce Partners	30
Care 4 Kids	15
Celebrate Recovery	8
Centers for Disease Control	40
Center for Medicare Advocacy	72
Cheney Hall / Little Theatre of Manchester	100
Child Care Services Infoline	15
Choice Magazine Listening	22
CHOICES	43, 45, 58
Community Child Guidance Clinic, Inc.	15
Community First Choice & Money Follows the Person	48
Community Health Resource (CHR)	8, 14, 39, 51, 64
Community Renewal Team	33, 38, 49, 101
Community Threads Thrift Shoppe	29, 37, 103
Compassionate Friends, bereavement support	93
Congregate Housing	54
Connect-Ability	23
Consumer Law Project for Elders	73
Consumer Protection	73
Corporation for Independent Living	23
Cove Center for Grieving Children, The	8
Covenant to Care for Children	16
Creative Living Community of CT	101
Credit Reporting Agencies	73
CT Addiction Medicine	9
CT Alcohol & Drug Abuse Hotline	8
CT Alliance to End Sexual Violence	75
CT Braille Assoc., Inc.	23
CT Child Development Infoline	15
CT Clearinghouse	8
CT Community for Addiction Recovery (CCAR)	9, 104
CT Dental Health Partnership	40
CT Department of Social Services	30, 36, 43, 44, 87, 88
CT Department of Transportation	94
CT Fair Housing Center	53, 72



INDEX

CT Forest & Parks Association	101
CT Home Care Program for Elders	48
CT Housing Search	53
CT Legal Rights Project	72
CT Mutual Aid - <i>East of the River</i>	37
CT Partnership for Long Term Care	43
CT State Manchester / Cougar Food Pantry	32, 38, 99
CT Technical Act Project	23
CT Transit	94
CT's Child Development Infoline	15
Department of Children & Families (DCF)	16
Department of Corrections	64
Department of Developmental Services (DDS)	23
Department of Social Services, & Aging Division	30, 31
Department of Mental Health & Addiction Serv.	9
Dial-A-Ride	95
Dementia - lower your risk	87
Disabled American Veterans (DAV)	95, 97
Disability Services/State Funded Comm/In Home Sup.	115
Disabilities Resource Directory	24
Disability Rights Connecticut	24
Drug Disposal	40
Easter Seals Capital Region & Eastern CT	24
ECHN Adult Ambulatory Behavioral Health Services	10
ECHN Child & Adolescent Behavioral Health Services	9
Eldercare Locator	87
Emergency Preparedness	75, 101
Emmaus Health LLC	10
EMPS Crisis Intervention Services Children/Youth	10
Encompass Transportation	95
End Hunger CT	37
Energy Assistance	33, 36, 49, 58
Eyecare America	40
Fair Rent Commission	53
Family Development Center	16
Federal Substance Abuse & Mental Health Admin.	10,11
Federal Trade Commission	76



INDEX

File of Life	87
Financial Center at The Village	33
First Choice Health Care Center	40
Foodshare	38, 101
Gentle Love Connections Diaper Pantry	17, 28
GHLA In the Community	74
Goodwill Thrift Store	28, 37, 102
Governor's Prevention partnership	101
Grandparents Raising Grandchildren	91
Greater Hartford Harm Reduction Coalition	11
Greater Hartford Legal Aid	73, 74
Griefshare	92
Grocery Shopping	37, 95
Habitat for Humanity	28
Hartford Healthcare Center for Hospice	92
Hartford Hospital	102
Hartsprings Foundation BBBS	28
Head Start	17
Health Collective East	76, 92
Hire Vets First / HireVets.gov	32, 97
Hispanic Health Council, Inc.	41
Hoarding Resources	46, 47
Hockanum Valley Community Council	11, 95, 102
Home Care Agencies	48
Home Energy Assessments / Audits / Weatherization	49
Homeless Veterans	52, 97, 99
Homeowner's Tax Relief	34, 97
Housing Choice Voucher Program	53
Housing Court	53
Housing Info	53
HUSKY Insurance	43, 44, 62
Immigration / Refugee Services	60-63
Income Tax Services	34
Independence Unlimited	25
Inmate Trust Fund	64



INDEX

Institute of Living	11
Instructors of the Handicapped (IOH)	25
Intercommunity Healthcare—DETOXIFICATION	11, 41
It Takes A Village - Pregnancy Support	41
Interval House	76, 102
Jail Diversion Program	64
Job Corps	30
Job Listing Service	31
Job Search - Ex Offenders	65
Jobs Funnel	31, 64
Journey Home	28, 51, 102
Kidsafe CT	17
Latino Affairs Council (Manchester)	79
Legal Aid	65, 73
LGBTQIA Resources	66-71
Library for the Blind and Phys. Handicapped	25
Lifeline	48
Literacy Volunteers of Greater Hartford	103
Living Will/Advance Directives	74
Long Term Care Ombudsman Program	87
Long Term Medicaid	44
Lutz Children's Museum	18, 103
MACC Emergency Food Pantry	29, 38, 103
MACC Community Kitchen	38, 103
MACC Homeless Outreach	51
MALTA House of Care Foundation	41
Manchester Adult & Continuing Education	31
Manchester Alternative In The Community	65
Manchester Area Conference of Churches	29, 34, 37, 38, 51, 103
Manchester Chamber	103
Manchester Community Services Council MCSC	76
Manchester Customer Service	3
Manchester Early Learning Center	18
Manchester Health Department	56, 89
Manchester Housing Authority	54
Manchester Housing Rehabilitation Program	50
Manchester Human Services	56, 57, 96



INDEX

Manchester Memorial Hospital & their Support Groups	92, 102
Manchester Municipal Agent for the Elderly	88
Manchester Planning Department	50
Manchester Police Activities League	18, 103
Manchester Public Schools Off of Equity & Partnership	79
Manchester Public Schools Welcome Center	32
Manchester Recreation Division	80, 82
Manchester Road Race	104
Manchester Senior, Adult & Family Services	48, 58
Manchester Senior Center & Meals	39, 59, 89, 96
Manchester Veterans Clubs	97
Manchester Youth Service Bureau	19, 20, 83
MARC, Inc.	26, 104
MARCH, Inc.	85
Mary's Place	18
Maternity Care Center	42
Meals-On-Wheels	38
Medical Transportation	94, 95
Medicare	44, 45, 72
Medicare Prescription Coverage	45
Medicare Savings Programs	45
Men's Group at the Senior Center	80
Mental Health CT	12
Midwest Food Bank	104
Ministerial Health Fellowship	79
Mobile Foodshare	38
Money Management International	34
Mortgage Foreclosure Assistance Hotline	55
NAMI of Connecticut	12, 93, 104
National Council on Aging (NCOA)	33, 88
National Federation of the Blind	26
National Institute of Aging (NIA)	88
National MS Society	104
NEAT Center at Oakhill	26, 29
Neighborhoods & Family's	80
NEMT Transportation	96
New England Pension Assistance	35



INDEX

North Central Area Agency on Aging	77, 85
Office of Adult Probation	65
Office of the Child Advocate	18
Office of Consumer Counsel	77
Office of Healthcare Advocate	45
Office of Victim Services	77
Parkinson's Support Group	93
PATH - transition from homelessness	12, 51
Pathfinders Club	12
People Ready - Employment	31
PFLAG	68
Planned Parenthood	42
Podiatry Doctor Appointments	42
Power Up Manchester	79
Project Independence	25
Property Tax Relief for Seniors/Veterans	34, 97
Protective Services for the Elderly	88
Public Utility Regulatory Authority	77
REACH Warmline	12
Rebuilding Together	50, 105
Refugee/Immigration Info & Agencies	60-63
Renters' Rebate Program	26, 35, 58
RESUPPLY	29
Reverse Annuity Mortgage Program	35
River East Day Hospital & Treatment Center	13
Road Scholar	81
Root Center for Advanced Recovery	13
Safe Haven for Newborns	78
St. Vincent DePaul	29
Salvation Army	38
Savers	28
School Supply Assistance	35
Second Congregational Church Food Pantry	39
Section 8 Housing Assistance Payment Prog.	54
Senior Circle Activity Group	59, 89
Senior Foot Care	89
Senior Health Solutions of Connecticut	89



INDEX

Senior Job Bank	32
Senior Volunteer Tax Program	36, 57
SERC	27
She Leads Justice	72
Shelter / Emergency Housing info	51, 55
Social Security Administration	36
Soldiers', Sailors' and Marines' Fund	98
Statewide Legal Services	55, 74
Students Experiencing Homelessness	52
Substance Abuse Access Line (SATEP)	13, 65
Substance Prevention & Recovery Supports	13
Support Enforcement Services	74
Supplemental Food Nutrition Program (SNAP)	37, 39, 60, 62
The HUB & food pantry through CHR	8, 14, 39
Toivo	14
Unemployment Compensation, DOL	32
United Way of Central & Northeastern CT	105
UR Community Cares	27, 81, 89, 105
Vehicles for Veterans	29
Veteran's Advisory Committee	96
Veterans' Affairs	98
Veteran's Base Camp	99
Veterans' Benefits Counselor	98
Veterans' Choice Program	98
Veterans' Directed Care	98
Vehicles for Veterans	29
Veterans Homeless Services	52
Veterans Inc.	99
Veterans Oasis at CT State Manchester	99
Veterans Ride for FREE	52, 99
Victims of Crime Act	78
Visiting Nurse & Healthcare Services of CT	48
Volunteers in Psychotherapy	14
Westhill Gardens	54
WIC (Women, Infants & Children)	39
Winter Protection Plan	36
World Wide Lighthouse Missions (WWLM)	29.105

TOWN OFFICE LOCATIONS

Center Springs Lodge Office

39 Lodge Drive

- Leisure, Family & Recreation Department

Eastside Neighborhood Center

153 Spruce Street

- Neighborhoods & Families Division
- Communications & Civic Engagement
- UR Community Tech Center for older adults & people with disabilities

Landfill

311 Olcott Street

Library

586 Main Street – Mary Cheney main branch

100 North Main Street – Whiton branch

Lincoln Center

494 Main Street

- Building Department
- Fire Marshall's Division
- Planning Department

Police Department

239 East Middle Turnpike

Probate Court

66 Center Street

Senior Center

549 East Middle Turnpike

Town Hall

41 Center Street

- Customer Service
- General Manager's Office
- Tax Assessor
- Tax Collector
- Town Attorney
- Town Clerk

Weiss Center

479 Main Street

- CRT Energy Assist. Office
- Health Department
- Human Services Department
- Registrar of Voters
- Senior, Adult & Family Services

Water and Sewer Department

125 Spring Street

Youth Services Bureau

63 Linden Street

STATE-FUNDED COMMUNITY & IN-HOME SUPPORT SERVICES FOR PEOPLE WITH DISABILITIES

Acquired Brain Injury

Dept of Social Services

www.ct.gov/dss or 855-626-6632

- ABI Waiver (18-64)

Autism Spectrum Disorder

Dept of Developmental Services

www.ct.gov/dds - 860-418-6000

- Early Childhood Autism Waiver (3-4 yrs old)
- Autism Waiver (4+)

Developmental (Intellectual) Disabilities

Dept of Developmental Services

www.ct.gov/dds - 860-418-6000

- Comprehensive Supports Waiver
- Employment & Day Supports Waiver
- Individual & Family Support Waiver

Physical Disabilities

Dept of Social Services

www.ct.gov/dss or 855-626-6632

- Katie Beckett Waiver (0-21)
- PCA Waiver (18-64)

Psychiatric Disabilities

Dept of Mental Health & Addiction Services

www.ct.gov/dmhas - 860-418-7000

- Mental Health Waiver (aka WISE Program)

Seniors/Older Adults

Dept of Social Services

www.ct.gov/dss or 855-626-6632

- HCBS for Elders Waiver (65+) aka CT Homecare Program for Elders

**Senior, Adult & Family Services
Town of Manchester
479 Main Street,
Manchester, CT 06040**