



TECH CENTER HAPPENINGS JANUARY 2025

Hours:
Monday, Thursday
& Friday 10am-3pm
Tuesday by appointment

UR Community Tech Center is a growing local resource designed to help older and disabled adults from Manchester and beyond. **Learn more at www.urcommunitycares.org** (click on Tech Center link) **or call 860-430-4557.**

Make a resolution to enjoy more technology!

- **Get in-person tech help 10am to 3pm Mondays, Thursdays and Fridays** (Tuesdays by appt.)
- To kick off the new year, January is full of interesting classes designed for older adults (50+)
- We are expanding UR Vision Resources (see below)

Free Classes & Special Events

Call 860-430-4557 to register
or use our QR code below.

Free Help in Our Friendly Space

- Bring in your questions
- Use your own mobile device or our laptops
- Enjoy secure wi-fi and a safe place to practice

Concerned about getting to the Tech Center in winter? Call us to discuss a possible virtual solution.

Fri., Jan. 10 – Tech Talk / AI and Disinformation

1-2:30pm, Practical ways to recognize AI and evaluate whether information is true or fake

Mon., Jan. 13 – Smartphone Camera Uses Beyond Photography

1-2:30pm, Helpful features are at your fingertips for scanning QR codes, measuring objects and more

Tues., Jan. 14 – Parkinson’s Disease Support

10:30am-12pm, Monthly support group serving the Greater Manchester area (co-led by Michelle Puzzo)

Thurs., Jan. 16 – Digital Genealogy Tools

1-2:30pm, Online resources to explore family history, and tips for creating your digital family tree

Fri., Jan. 17 – Meet Susan Barlow, Town Historian

1-2:30pm, Discover the Manchester Historical Society’s museums, website archives and researching online

Mon., Jan. 20 – CLOSED (MLK Jr. Day observance)

Thurs., Jan. 23 – Eye Health Fair | Free to the public

10:30am-2:30pm, Presentations and demonstrations

Mon., Jan. 27 – Cloud Storage (Basics)

1-2:30pm, Storing your files and images for better access, reliability and data protection



Eye Health Fair

Thurs., Jan. 23

10:30am - 2:30pm

Snow Date: Fri., Jan. 24



See details on next page

Location:
Eastside Neighborhood
Resource Center
153 Spruce Street
Manchester, Conn.
*Park in large lot diagonally
across the street*

Give the Gift of Time

Join *Steve, Megan, Bernice, Adam and Audrey* on our diverse team of volunteers. Flexible hours are available for tech and non-tech positions. Stop by for a tour!





EYE HEALTH FAIR



SNOW DATE:
Fri., Jan. 24
(Same time)

Thurs., Jan. 23, 2025 | 10:30am to 2:30pm

UR Vision Resources is our newest way of providing older and disabled adults with *free* support, resource connections and technology training.

This unique community health fair is for all ages and abilities:

- Presentations by eye and vision experts
- Exhibits of assistive devices and special services
- Launch and demonstrations of **UR Vision Station** at the Tech Center



Featured Resources

Refocus Eye Health
Connecticut Tech Act Project
Vanda Pharmaceuticals

New England Low Vision and Blindness
Lions Low Vision Centers of Connecticut
UR Community Cares Vision Station
National Federation of the Blind
Blind Artist Display
Achilles International
CT Library for Accessible Books
Eschenbach Optik of America
The Carroll Center for the Blind
SECT Community Center for the Blind

Location:
UR Community Tech Center
(Eastside Neighborhood Resource Center), 153 Spruce St.,
Manchester, Conn.

Park in large lot diagonally across the street. Volunteers will be onsite for assistance.

Event Schedule

10:15am – Doors open

10:30am – Presentations begin, new topics every 15 minutes

10:30am – Exhibit walk-throughs, meet-and-greets ongoing

2:30pm – Event concludes

Impaired Vision

A growing concern for older adults

Almost 20 million Americans, or 8 percent of the U.S. population, have visual impairments.

Ranging from poor vision to blindness, visual impairments are one of the leading causes of loss of independence for people age 65 and older.



Learn more about UR Community Cares and our full range of programs at www.urcommunitycares.org or call 860-430-4557.