



TECH CENTER HAPPENINGS SEPTEMBER 2024

Hours:
Monday, Thursday,
and Friday 10am-3pm

UR Community Tech Center is a growing local resource designed specifically for older and disabled adults. **Register at 860-430-4557 or go to www.urcommunitycares.org** (click on Tech Center links).

Free Group Classes (laptops provided), Individual Coaching & Social Time
(Closed on Labor Day, Sept. 2)

- TH Sep 5** **Neighborhood Back-To-School Welcome - 12pm to 3pm.** Stop by to say hello and enjoy an ice cream treat. *All are welcome.*
- FR Sep 6** **Veterans Services and “The Wall That Heals” - 10:30am to 12pm.** Meet the team hosting Manchester’s public viewing of the three-quarter scale replica of the Vietnam Veterans Memorial touring the U.S. Information from Manchester’s Veteran Advisory Committee will also be shared. *All are welcome.*
- MO Sep 9** **Where Older Adults Find Help - 10:30am to 12pm.** Get updated guidance from aging services expert Maureen McIntyre and other trusted resource providers. Whether you are an older adult or caring for an aging loved one, don’t miss this valuable learning opportunity. *All are welcome.*
- FR Sep 13** **Introduction to Social Media (Facebook, X and TikTok) - 10:30am to 12pm.** Older adults are using social media in growing numbers. This overview will familiarize you with popular platforms so you can decide where to share, connect and explore interests online. *Register at 860-430-4557.*
- MO Sep 16** **Autumn Equinox: Let’s Explore - 10:30am to 12pm.** Connecting with nature boosts our energy, moods and focus. Learn how changing seasons can uplift us and also discover some Main Street shops that promote creative pursuits for all ages. *All are welcome.*

- MO Sep 23** **Protect Your Personal Information and Beware of Scams - 10:30am to 12pm.** Learn how to protect personal data, avoid risks online and stay vigilant for fraud targeting older adults. Officer Wilmary LaBonte will share important updates from the Manchester Police Dept. *Register at 860-430-4557.*
- TH Sep 26** **Introduction to Photo Editing Tools - 10:30am to 12pm.** Goodbye blurry pictures and unwanted backgrounds! Learn about photo editing tools to enhance images using popular free apps for your mobile devices. *Register at 860-430-4557.*
- FR Sep 27** **Social Mixer / Honoring Hispanic Heritage - 1pm to 2:30pm.** Let’s get acquainted with each other and local guests who will share their cultural traditions during Hispanic Heritage Month. *All are welcome.*
- TH Sep 30** **Online Tools for Contacting Lawmakers - 10:30am to 12pm.** Learn ways to stay informed and get your voice heard for important issues. Using non-partisan websites, we’ll identify officials in our districts, find their contact information and see how they’ve voted. *Register at 860-430-4557.*

Located in Eastside Neighborhood Resource Center, 153 Spruce Street, Manchester, Conn.
Ample free parking diagonally across the street

	MON	THU	FRI
D R O P - I N	SEPT 2 CLOSED	5 10am-3pm	6 12-3pm
	9 12-3pm	12 10am-3pm	13 12-3pm
	16 12-3pm	19 10am-3pm	20 10am-3pm
	23 12-3pm	26 12-3pm	27 10am-1pm
	30 12-3pm	CHECK OUR MONTHLY CALENDARS	