

<https://www.namimanchesterct.org>

## July 2024 Support Groups

### **Monday, July 1st --- Family Support Group**

Meets **Via Zoom** the first Monday of the month from **7 to 8:30 pm**.

*The Zoom links for this support group are sent to affiliate and support group members prior to each meeting. \**

### **Wednesday, July 3rd --- Young Adult Game Night**

**Online** the first Wednesday of the month at **7 pm**. Visit [NAMICT.org](https://namict.org) to register

### **Wednesday, July 10th --- Family Support Group**

Meets **in person** the second Wednesday of the month at St. Isidore and Maria at St. Paul Church, 2577 Main Street, **Glastonbury** from **7 to 8:30 pm**.

### **Monday, July 15th --- The Spouse/Partner Support Group**

Meets on the third Monday of each month **via Zoom** at **7 pm**.

For more information go to <https://namict.org/support-and-education/support-groups/>

### **Tuesday, July 16th--- Family Support Group**

Meets **in person** the **third Tuesday** of the month at Center Congregational Church, 11 Center Street, **Manchester** from **7 to 8:30 pm**.

### **Wednesday, July 17th ---Young Adult Game Night.**

Meets **In Person** on the 3<sup>rd</sup> Wednesday of the month at **6 pm**.

Manchester Community College

Contact Sarah at [sarah.poutre@gmail.com](mailto:sarah.poutre@gmail.com) for room information each

### **NAMI Young Adult (ages 18-29) Groups**

Meets at various times all month long:

Choices of *Check-In, Rainbow groups, Self-Discovery, and Game Night*, among others!

Go to <https://namict.org/support-and-education/support-groups/>

Contacts are Val at [vlepourte@namict.org](mailto:vlepourte@namict.org) or Sarah at [sarah.poutre@gmail.com](mailto:sarah.poutre@gmail.com)

\*For more information about the Family Support Groups,  
call Tina at 860-906-7385 or email Roberta at [rcluby@comcast.net](mailto:rcluby@comcast.net).

