

DECEMBER 2023 – **New Schedule**

Monday, December 4th--- Family Support Group

Meets the **first Monday** of the month **via Zoom** from **7 to 8:30 pm**.*

The Zoom links for this support group are sent to affiliate and support group members prior to each meeting.

Wednesday, December 6th --- Young Adult Game Night

Online the first Wednesday of the month at **7 pm**. Visit [NAMICT.org](https://namict.org) to register.

Wednesday, December 13th --- Family Support Group

Meets **in person** the second Wednesday of the month at St. Isidore and Maria at St. Paul Church, 2577 Main Street, **Glastonbury** from **7 to 8:30 pm**.

Monday, December 18th --- The Spouse/Partner Support Group

Meets on the third Monday of each month **via Zoom** at **7 pm**.

For more information go to <https://namict.org/support-and-education/support-groups/>

Tuesday, December 19th --- Family Support Group

Meets **in person** the **third Tuesday** of the month at Center Congregational Church, 11 Center Street, **Manchester** from **7 to 8:30 pm**.

Wednesday, December 20th ---Young Adult Game Night.

Meets **In Person** on the 3rd Wednesday of the month at **6 pm**.

Manchester Community College, L243 MP Classroom.

For more information contact Torry: Tbernard@namict.org

NAMI Young Adult (ages 18-29) Groups

Meets at various times all month long:

Choices of *Check-In, Rainbow groups, Self-Discovery, and Game Night*, among others!

Go to <https://namict.org/support-and-education/support-groups/>

Contacts are Val at vlepourte@namict.org or Sarah at sarah.poutre@gmail.com

*For more information about the Family Support Groups,
call **Tina** at **860-906-7385** or email **Roberta** at rcluby@comcast.net.

