



July 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 7/1 – 7/5	Chef's Choice	Tex-Mex Rice Bowl	BBQ Bacon Cheeseburger Baked Beans Cape Cod Chips Ice Cream Contains: Wheat	Senior Center Closed 4 th of July	Soup, Salad, Sandwich, TGIF Dessert Contains: Wheat
Week 2 7/8 – 7/12	Chef's Choice	Twin Tacos Fiesta Rice & Beans Contains: Wheat	Twin Chili Dogs Pasta Salad Sliced Watermelon Ice Cream Contains: Wheat	Dijon Pork Loin Mashed Potatoes Green Bean Salad Dinner Roll & Butter Contains: Wheat	Soup, Salad, Sandwich TGIF Dessert Contains: Wheat
Week 3 7/15 -7/19	Chef's Choice	Shrimp Street Tacos Lime & Cilantro Slaw Contains: Wheat	Jerk Chicken Sandwich House Slaw Cape Cod Chips Ice Cream Contains: Wheat	Honey Chipotle Chicken Rice & Garbanzos Cucumber & Tomato Salad	Soup, Salad, Sandwich TGIF Dessert Contains: Wheat
Week 4 7/22 – 7/26	Chef's Choice	Pork Carnitas Spanish Rice Plantains	Smoky Ribs Baked Potato 3 Bean Salad Ice Cream	Meatball Subs Peppers & Onions Cape Cod Chips Fresh Fruit Contains: Wheat	Soup, Salad, Sandwich TGIF Dessert Contains: Wheat
Week 5 7/29 – 8/2	Chef's Choice	Southwest Chicken Salad Contains: Wheat	Pineapple BBQ Kielbasa Potato Salad Corn On Cob Ice Cream	Rosemary Chicken Roasted Potatoes Steamed Broccoli Dinner Roll & Butter Contains: Wheat	Soup, Salad, Sandwich TGIF Dessert Contains: Wheat

Please call **860-647-3211** to make a lunch reservation.
Menu is subject to change based on availability of product.