

December 2024 Senior Center Newsletter

Holiday Party

Get ready for some festive fun! Join us on **Thursday, December 19th** for our annual Senior Center Holiday Party. Enjoy delicious food, holiday music, and great company. There will be plenty of opportunities to socialize, laugh, and make new friends. The very popular **Armentano Brothers** are back to entertain you with your favorite holiday hits! Appetizers will be served beginning at **11:00 AM**, then enjoy a delicious MACC lunch of Roast Beef, Baked Potato, Green Beans and special dessert. Cost: suggested lunch donation of **\$2.50**. Please register ahead of time with the front office or by calling **860-647-3211**. This event is **Dine-In ONLY** for those who registered in advance; take-out and pickup lunches will not be distributed. Register beginning Monday, December 2, space is limited.



Holiday Concert



The Illing Singers and Roundtable Singers will perform a Holiday Concert on **Wednesday, December 4th**. Join us in the cafeteria at **10:00 AM** to enjoy the music. The Illing Singers are composed of 7th and 8th Grade students and is a non-auditioned ensemble. Students meet once a week before school and sing a wide variety of music. This group is led by Karla McClain. They are very excited to be back performing at the Senior Center! The Roundtable Singers are Manchester High School's premiere chamber vocal ensemble. This has been a cherished gem within the Manchester community for 85 years, boasting a proud and passionate alumni network. This auditioned group meets twice a week after school and rehearses to perform at multiple school and community events throughout the year. This ensemble tours every other year to compete in festival competitions with students from around the country, and are led by Carina Rosa. To register for the concert please call the front desk at **860-647-3211**.

Take the Time— Hartford Healthcare Mobile Mammography Van

The Hartford Healthcare Mobile Mammography Van will be at the Senior Center on **Tuesday, December 10**, from **8:00 AM—1:15 PM**. Please call the Manchester Health Department at **860-647-3175** to complete the **pre-registration process** for an appointment. Once you pre-register with the Hartford Healthcare Mobile Mammography van you will receive further information through the mail about your appointment. You will also receive a reminder call from the Health department prior to your appointment. Don't miss this great opportunity to receive a screening. A mammogram is the best tool for identifying breast cancer in its earliest, most treatable stages.



SENIOR CENTER STAFF

Eileen Faust

Director

Missy Rankin

Recreation Supervisor

Kathy Nohmy

Senior Administrative

Secretary

Amy Judd

Clerical Assistant

AJ Jackson

Custodian/Bus Driver

Rick Bosco

Ed Cassala

Reggie Ginotti

Bus Drivers

Maria Rios

Bilingual

Program Assistant

Chance "CJ" Jones

Recreation

Program Assistant

Lisa Cammilleri

Kitchen Assistant

Kitty Dudley

Social Worker

Diana Martin R.N.

Health Department Nurse

MANCHESTER SENIOR CENTER

549 East Middle Turnpike

Manchester, CT 06040

Hours of Operation: Monday—Friday 8:30 AM—4:30 PM

Phone: 860-647-3211

FAX: 860-647-3240

CONTACT INFORMATION

For the **DIRECTOR, SOCIAL WORKER** or

GENERAL INFORMATION

860-647-3211

For (**SAFS**) **SENIOR , ADULT** and **FAMILY SERVICES**

860-647-3096

For the **HEALTH DEPARTMENT**—860-647-3173

For **Missy Rankin**—860-647-3210

Email us at:

seniorcenter@manchesterct.gov

WE ARE ON FACEBOOK— “like” us and follow along for

updates and information:

[https://www.facebook.com/](https://www.facebook.com/ManchesterCTSeniorCenter)

ManchesterCTSeniorCenter

WE ARE HANDICAP ACCESSIBLE



Senior Center operations



Lunch Program – Meals are served from 12:00 PM — 12:30 PM Monday through Friday. Manchester Residents who are 60 years of age or older, or the partner of an eligible individual regardless of age, may eat lunch at the Senior Center for a suggested donation of **\$2.50**. Reservations must be made by **12:30 PM** on the day before you are joining us for lunch. Register by calling (860) 647-3211. Reservations can not be made more than a week in advance. You do not have to be a Senior Center Member to eat lunch here. Lunch menu and service questions can be directed to the front office at (860) 647-3211.



Senior Center Transportation – Bus rides to and from the Senior Center can be scheduled up to **3:00 PM** the day before your ride is needed. Call the Senior Center at (860) 647-3211 to schedule your ride with us. If you find that you need to cancel your ride with us, please call the office as soon as possible. We appreciate as much advance notice as possible.

TOWN OF MANCHESTER Dial-A-Ride Services

DIAL-A-RIDE is a separate service from the Manchester **Senior Center Transportation** (see above).

Please direct questions or comments to Senior, Adult & Family Services at **(860) 647-3096** if you need more information.

Dial-a-Ride serves Manchester residents who are 60 years of age or older and people with disabilities. Rides are provided free of charge, Monday through Friday in Manchester for medical appointments, grocery shopping (Limit of 3 shopping bags per shopper), work, bank, post office, town hall, gym, library and social events. First pick up is 8:30 AM and last pick up is 4:00 PM. Excluding Holidays. Reservations & registration are required. **Please call (860) 870-7940, Monday - Thursday between 8:00 AM - 4:30 PM, on Fridays 8:00 AM— 1:30 PM.** In case of inclement weather, please watch WTNH or WFSB for closing or late start.

ANNOUNCEMENTS

CARD RENEWAL and MEMBERSHIP DETAILS

Starting **Thursday, January 2, 2025** members can renew their membership and new members can purchase a first time membership. All memberships will be valid until December 31, 2025.



Anybody participating in Senior Center **Winter/Spring 2025** programs needs to purchase a Senior Center Membership before your program begins. Membership renewal begins on **Tuesday, January 2, at 8:30 AM**. Please be prepared to renew your membership before your class begins.

Winter/Spring 2025 PROGRAM REGISTRATION PROCESS

Registration for ALL programs begins on **Wednesday, December 4**. Seniors may register at any location, or by calling (860) 647-3211, beginning December 4 at **9:00AM**. Registration Locations: Manchester Senior Center, Community "Y" Recreation Center, Center Springs Recreation Office, Customer Service Center. For information on registering for classes included in the lottery please see **Page 8** for more details.

Senior Center Advisory Committee

Join us for the next Senior Advisory Committee meeting on **Tuesday, December 3 at 9:00 AM**, in the senior center library. Help shape the future of our Senior Center by sharing your ideas and concerns. All seniors are welcome to attend!



Senior Center Closing Policy:



During inclement weather if Manchester schools are closed, all center programs, meals and transportation are canceled for that day. However, staff is available in the office for regular scheduled office hours. When school is on a 2 hour delay for inclement weather, the senior center will open at 10:30 AM. Anything that starts before 10:30 AM is canceled. Call the Center to listen to the voice recording or check CBS or NBC for exact time of opening. Don't forget you can register your cellphone with WFSB to be notified when Manchester Public Schools are closed. Visit <https://www.wfsb.com/2022/08/02/sign-up-text-alerts-wfsb/> to register your device!

ANNOUNCEMENTS

AARP TaxAide Volunteers Needed!

Are you interested in volunteering for the **AARP Foundation TaxAide** program at the Manchester Senior Center? This is a rewarding opportunity to serve local community! Volunteers help their neighbors complete and file their tax returns. Several positions are available:

Scheduler: Answer phone calls and schedule appointments for taxpayers. Volunteers come in one day/week from 10:00 AM—3:00 PM. This position runs from January—April. Appointments are made by computer on an excel spread sheet. No experience is necessary.

Client Facilitator: Interview taxpayers and review their tax documents to ensure they have everything needed to complete their tax return. Must complete self-guided online tutorials and a test to ensure you understand the material. Client facilitators help Monday—Thursday from 12:45 PM—2:15 PM, from February 3rd—April.

Tax Counselor: Tax counselors prepare taxes for taxpayers. Must take a 5 Day classroom course, study other material, complete required practice problems, and take tests to ensure they are proficient in the material. Tax counselors volunteer Monday—Thursday from 1:00 PM—3:00 PM, from February 3rd—April.



If you are interested in any of these opportunities, please contact **Joe** at **860-281-1270** for more information!

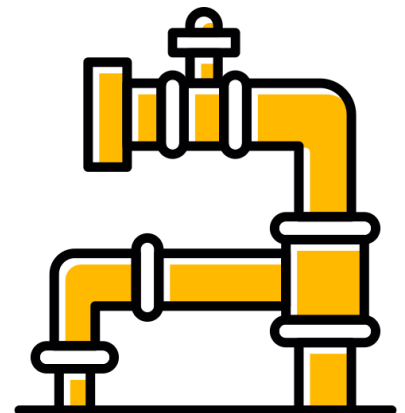
Town of Manchester Water Service Line Inventory Survey

The Manchester Water Department is taking action to reduce lead exposure and keep our community safe. The first step to removing lead pipes is to identify all the existing materials; this will help the town acquire funding and prioritize where they can make the most positive impact. This is part of a larger federal initiative to remove lead pipes across the United States and fits with local efforts for a Better Manchester. Through recent efforts the Water Department was able to secure funding to replace the pipes leading to several Manchester homes.

The Water Department needs your help. By filling out the Water Service Line material survey you will verify what material your service lines are made out of. If you have a lead or galvanized pipe leading to your home, you'll be notified of opportunities for replacement that may be fully or partially funded through loans or grants. To fill out the survey please visit <https://manct.us/PIPESURVEY>. Surveys must be completed by December 15.

For more information on the water service line inventory program and to access the interactive service line materials map you can visit <https://manct.us/PIPEINFO>, email lead@manchesterct.gov, or call [860-647-6050](tel:860-647-6050) and choose option 5.

The Mission of the Manchester Water and Sewer Department is to provide the highest possible water quality and customer service at the lowest possible cost while continuing their commitment to improving the infrastructure and their community's environment. They are committed to assisting their customers every step of the way to **get the lead out** and eliminate all potential exposure to lead pipe materials.



ANNOUNCEMENTS

CRT Energy Assistance

If you have trouble paying your home heating bills, turn to CRT for help. Now is the time to apply for the **Connecticut Energy Assistance Program** with help from CRT.



Ways to apply for Energy Assistance:

IN-PERSON: Contact the Community Renewal Team (CRT) at **860-560-5800** to schedule an in-person appointment. Please be sure to bring all the required documents to your appointment. If you cannot wait until the next available appointment, please consider the alternative ways to apply for assistance listed below. Please see **page 7** for more information on in-person appointments.

ONLINE: Apply via the State of CT Department of Social Services (DSS) website: **www.ct.gov/heatinghelp**

EMAIL: Obtain a paper application at a satellite office or download the application from the DSS website and email the application with required documents to: **crtenergyapplication@crtct.org**

PAPER APPLICATION: Obtain a paper application at a satellite office or download the application from the DSS website. Mail or fax completed application with required documents to the **Community Renewal Team, 395 Wethersfield Ave, Hartford, CT 06114**. Fax: **(860) 560-5731**.

Protection from Property and Mortgage Fraud:

The Town of Manchester Town Clerk's Office has announced a newly available PropertyCheck service. PropertyCheck is a free service for Manchester property owners to protect themselves against possible property fraud. Property fraud is when someone attempts to steal a property by filing a quit claim deed on the parcel without the knowledge of the property owner knowing or by forging someone's identity.



The service is to help protect residents of Manchester from potential property fraud. PropertyCheck service is a free-of-charge subscription-based feature that enables residents to be automatically notified via text message or email of any recorded document that affects their property.

Residents can sign up for PropertyCheck alerts through a web-based application called RECORDHub. Please note, in order to receive alerts, you must create a RECORDHub account, and then sign-up for the Manchester PropertyCheck alerts. Please visit **<https://recordhub.cottsystems.com/>** for more information. If you have questions please contact the Town Clerk's office at **860-647-3037**.

ENERGY ASSISTANCE 2024/2025

To apply for assistance, call the Community Renewal Team at: **860-560-5800** to schedule a Manchester appointment. A staff member will conduct a brief screening to determine if you are eligible. You will then be given appointment information.

What you need for your appointment:

- _____ **Social Security cards** for all persons **who have not** previously applied
- _____ Name, address and phone number of your **landlord**
- _____ **Bank Statements are only needed this year if you need to prove SSA/SSDI income, if you have your SSA statement, you do not need your bank statement**
- _____ **Current** copy of your **heating bill** (if gas) **AND** current copy of your **Eversource bill**
- _____ Documentation of **ALL household income** for **four consecutive weeks prior to your appointment**
Including: Paystubs, SSI or SSDI, Unemployment printout, child support or a printout from the State DSS for TFA recipients; [**Pension** cannot be taken from bank statement (1099's , check stubs/ an original letter from pension company are acceptable for pension)]
- _____ **Current** rent receipt, or a copy of your lease if your heat is included with your rent
Please bring a Mortgage statement if you are a homeowner. **If no mortgage, bring property taxes.**
- _____ Proof of **subsidized housing or section 8** (if you receive it)
- _____ **SNAP Benefit letter** if you receive SNAP (**Notice of Action IS NOT ACCEPTED**)

**** Asset forms** need to be completed by intake worker for **all** household members 18+.

Your appointment will last 20-30 minutes. The Community Renewal Team will notify you within 45 days as to whether you have been awarded a benefit and the amount of your benefit. The benefit amount will go directly to your heating company and will appear as a credit on your heating statement or oil delivery. Everyone who applies for Energy Assistance is **expected to make monthly payments** towards their heating bills and to participate in CNG's and EVERSOURCE's Matching Payment Program.

Income Guidelines (Family Size and Income Amount)						
1	2	3	4	5	6	7
\$45,505	\$59,507	\$73,509	\$87,511	\$101,513	\$115,514	\$118,139

Appointment Date: _____ **Time:** _____

Lottery Class Registration

Members can register for Lottery Classes, and drop-in programs, at the front desk or by calling (860) 647-3211 beginning on **Wednesday, December 4**. To be included in the lottery please register and make payment by **Wednesday, December 18**. Payment can be made by **Cash, Check, Mastercard, or Visa**. No lottery registration can be accepted after Wednesday, December 18. The class lists of acceptance will be posted in the senior center lobby on **Thursday, December 19**. If you register for a lottery class and do not get in your name will automatically be placed on the wait list and a credit will be applied to your account. If you missed the lottery registration window and would like to participate in any of these classes, you may register for classes with openings beginning on **Thursday, December 19**. Please call Missy at 860-647-3210 if you have any questions! Classes included in the lottery are listed below.



Please note that all class dates are subject to change due to instructor availability.

Body Sculpt

Monday (starts 1/6) 12:30 – 1:15PM \$5.00
 Wed. (starts 1/8) 12:30 – 1:15 PM \$5.00

Beginner Line Dancing

Tuesday (starts 1/7) 10:00 – 11:00 AM \$5.00

Advanced Line Dancing

Tuesday (starts 1/7) 11:00 – 12:00PM \$5.00

Ceramics: You may register for 1 out of 2 classes

Monday (starts 1/6) 9:30 AM—11:30 AM \$5.00
 Friday (starts 1/10) 9:30 AM—11:30 AM \$5.00

Cardio Drumming

Thursday (starts 1/9) 10:00—11:00 AM \$5.00

Steady as we Go

Tue./Thur. (starts 1/7) 11:00—12:00 PM \$5.00

Zumba Gold

Thursday (starts 1/9) 2:30 – 3:30PM \$5.00

Light-n-Lively:

You may register for 2 out of 4 classes.

Monday (starts 1/6) 11:00—12:00 PM \$5.00
 Monday (starts 1/6) 1:20 – 2:15PM \$5.00
 Wed. (starts 1/8) 1:20 – 2:15PM \$5.00
 Friday (starts 1/10) 11:00 – 12:00PM \$5.00

Strength and Flex:

You may register for 2 out of 4 classes.

Monday (starts 1/6) 10:00 – 11:00AM \$5.00
 Wed. (starts 1/8) 10:00 – 11:00AM \$5.00
 Wed. (starts 1/8) 11:00 – 12:00PM \$5.00
 Friday (starts 1/10) 10:00 – 11:00AM \$5.00

Yoga Plus:

You may register for 1 out 2 classes.

Mon./Wed. (starts 1/6) 2:20 – 3:15PM \$5.00
 Mon./Wed. (starts 1/6) 3:20 – 4:15PM \$5.00

SOCIAL GROUPS

Did you know that the Senior Center has many different social groups waiting for you to join? Please see below to learn more about our fabulous groups and how you can get involved at the center! To join any of these groups call 860-647-3211.



Book Group

The Book Group meets on the 3rd Tuesday of the month. Our next meeting is **Tuesday, December 17th**—*Remarkably Bright Creatures* by Shelby Van Pelt. Meetings take place in the Senior Center Library at **10:30 AM**. If you have questions about the book club, please contact **Carol Flynn** at carolflynn128@yahoo.com. Books are available for the book club at the Manchester Public Library in the reference room.

Friendship Circle

The Friendship Circle meets on **Wednesday** mornings from **8:30 AM—11:30 AM**. Come any time during the meeting to work on your own knitting or crochet project with like minded crafters. If you're new to these crafts members are excited to teach you, and supplies are available for free. The group also enjoys lively conversation, coffee, and delicious baked goods.

Men's Group and Women's Group

Get involved and get social with the Men's Group or the Women's Group! These are great groups of seniors who drop in for an hour of conversation, current events, health topics, and more! This program is facilitated by our Program Assistant CJ. The Women's Group meets on **Monday** mornings from **9:30 AM—10:30 AM**. The Men's group meets on **Monday** mornings from **10:45 AM—11:45 AM**.

Royal Scarlett Gadabouts

The Royal Scarlett Gadabouts are the Manchester chapter of the Red Hat Society. Join this group to make friends, learn from guest speakers, attend social events, and volunteer in the community. On Tuesday, November 12, the Royal Scarlet Gadabouts held an Honoree luncheon during the monthly meeting to recognize the members relatives who served, or are currently serving in the military. Grand Queen Maelene presented each honoree with a token gift of appreciation for their service. The Royal Scarlet Gadabouts members made a donation to the Manchester area Disabled Veterans Administration towards the transportation they provide for Disabled Veterans. Monthly meetings are typically held the first Tuesday of every month from **1:00 PM—4:00 PM**. New members are welcome to attend, please reach out to Maelene before your first meeting. For more information please contact Maelene Williams at **860-375-8460**. The next meeting is on **Tuesday, December 10**.

Senior Circle

The senior circle is perfect for people who enjoy small group activities. This group meets on **Tuesday** and **Thursdays** from **10:00 AM—12:00 PM**. Enjoy games, art projects, exercise, day trips, educational lessons, and more! This group is lead by our Program Assistant CJ.

HEALTH SERVICES

Blood Pressure—Drop In

Blood Pressure checks are every **Wednesday** from **9:30 AM—12:00 PM!** If you have any questions, or concerns, please contact the Manchester Health Department at 860-647-3173.

File of Life Medication Review

30 minutes now can save valuable time in an emergency situation! Having a File of Life Card on your refrigerator provides important medical information to emergency responders! Nurses from the Manchester Health Department can help create your own File of Life. Please call **860-647-3211** to schedule an appointment for **Thursday, December 19th**. On the day of your appointment bring all **PRESCRIBED** medications and **OVER THE COUNTER** medications in a bag.

Foot Care— 1st & 3rd Friday of each month

Schedule a 30 minute appointment to meet with a nurse from Footcare By Nurses LLC. **Cost: \$45.00.** You can pay by cash, check or card. Call the Manchester Health Department at **860-647-3173** to schedule your appointment. **Dates: 12/6 & 12/20.** If you have to cancel , please allow at least 48 hours advance notice. **Diabetics are excluded from the nurse nail care services (see below).**

Podiatry Doctor Appointments

There are no podiatry appointments for December or January. The next scheduled visit is on **Friday, FEBRUARY 14, 2025.** Anyone with chronic pain or a foot/ankle injury may benefit from the specialized care of a podiatrist. Dr. Vera Halbfass can assist with fungal infections, foot/ankle wounds, and the unique foot care needs of those with diabetes, and circulatory conditions. If you would like to schedule an appointment, please call Diana Martin, RN at **(860) 647-3175. REGISTRATION IS REQUIRED.** Appointments will be in the First Choice Mobile Clinic Unit in the Senior Center parking lot. If you don't already see a Podiatrist take advantage of this beneficial medical service. It's time to start feeling better from the ground up!



PROGRAMS

AARP SMART DRIVER COURSE

This course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. You may qualify for a multi-year automobile insurance discount by completing the course. Please check with your auto insurance agent for details. **Monday, December 16th, 8:45 AM—12:45 PM. \$20 for AARP Members and \$25 for Non-Members.** Register in advance at the Senior Center. Payable by **check only** made out to **AARP**. To find in-person courses in your area: Please call 1-888-773-7160 or visit www.aarp.org/driving36

Birthday Lunch

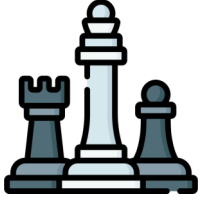
We will be celebrating all **December** birthdays on **Wednesday, December 18** in the cafeteria with cake! Please register for lunch in advance, lunch starts at 12:00 PM.

PROGRAMS

Cardio Drumming

Join us on **Thursdays** at **10:00 AM**. December Classes: 12/5 and 12/12. Please note this class will be part of the Senior Center Lottery registration process, see [page 5](#) for more details.

Chess Club



Are you ready to sharpen your mind and conquer the chessboard? Our chess club is open to all skill levels, from beginners to seasoned players. Come join us for weekly meetings of friendly matches and open play. What to expect from this group: Strategic thinking and problem-solving, friendly competition and camaraderie, opportunities to improve your chess skills, and a chance to meet new people who share your passion. Whether you're looking to learn the basics or refine your tactics, our club has something for everyone. Sign up today and start your chess journey! Meets **Tuesday** mornings from **10:00 AM—11:00 AM**, beginning **January 21**. Please call **860-647-3211** to register. Chess boards will be provided, but players are welcome to bring their own as well.

Computer Room

The Computer Lab is open **8:30 AM – 4:15 PM**, Monday through Friday. Senior Volunteer, Jim Lessard, may be available to answer your questions in the computer room Monday, Wednesday and Friday, 9:30 AM—11:30 AM.

Monthly Movie

Tuesday, December 10 @ 1:00 PM—*The Long Game (2023)* in 1950s Texas, a veteran turned school superintendent assembled a team of caddies from a local country club to compete for a state championship. Starring: Dennis Quaid, Jay Hernandez, and Cheech Marin. Rated: PG Runtime: 1 hour 52 minutes. Please register in advance.

Music Circle

Join the music circle to sing and/or play acoustic instruments with fellow music lovers. Take turns suggesting and playing songs, and encouraging others to join in. **Mondays 1:00 PM—3:00 PM**. Please register in advance.

Newcomers Meeting

The Newcomer's meeting is open to Manchester Residents ages 60 and up. The next meeting is **Wednesday, December 11, at 11:00 AM**, in the Senior Center Library. Interested participants will receive introductions to our programs, and tour the facility. Please register ahead of time by calling **860-647-3211**.

Paint Program

Join us on **Tuesday, December 17**, as a local artist will instruct and assist as you create a one of a kind masterpiece. No experience necessary. The December class will be a special 4 hour class, **9:30 AM—2:00 PM**, with a 30 minute break for lunch. All supplies will be included. **Cost \$30**. Register beginning Monday, December 2.



PROGRAMS

Social Bridge

The social bridge group is looking for new members to join! This group meets every **Wednesday** from **12:30—4:00 PM**. If you enjoy playing bridge this is the perfect group for you. Questions, please call Missy at 860-647-3210.

Steady as we go – Movement and Balance for Seniors



This chair-based class uses light weights, exercise bands, or no weights at all, and is great for improving posture and balance. Class meets on **Tuesdays** and **Thursdays** at **11:00 AM** in the **Community Y Gym**, located at 78 North Main Street. The Winter/Spring Session will begin on **Tuesday, January 6**, and end on **Thursday, May 29**. **Cost: \$5.00**. This class will be part of the Senior Center Lottery registration process. You can enter the lottery beginning on Wednesday, December 4. Please see [page 5](#) for more details.

Square Dancing

Join us on **Thursdays** from **12:30—2:15 PM**. **December class date: 12/5 ONLY**. **Cost: \$5 per class**. **Pre-registration is required before class** at the front desk, or by calling the Senior Center at **(860) 647-3211**. The more the merrier, out of town participants can participate!!

Therapy Dogs

Bright & Beautiful Therapy Dogs will be visiting the senior center on the **First Tuesday** of each month, from **10:30 AM—11:30 AM**. Upcoming visit: **Tuesday, December 3**. Drop by any time during the hour to meet the dogs. If you have any questions please call the front desk at 860-647-3211.

Walking Group

This group meets **Monday, Wednesday, and Friday** mornings. The walk starts at **9:00 AM**, members meet at 8:50 AM. Join this group to walk with friends around local trails. To find out the walking schedule, or if you have any questions please call Missy Rankin at 860-647-3210. Register to be updated with any changes.

Hiking Schedule—Thursdays 1:00 PM—3:00 PM

Hike substitutions or cancellations may be necessary due to weather, participants will be notified of changes by e-mail. To get the most up to date information please provide your e-mail to Jim Oliphant, **jimoliphant50@gmail.com**. Carpooling is greatly encouraged for all out-of-town locations. Upcoming Hike: **December 5** – Valley Falls Park, Vernon. Moderate 4+ miles.



Manchester—*Silk City Travelers*

NEW TRIPS! Register beginning **Monday, December 2!**

Swing into Spring with the King

A Villa Louisa, Bolton, CT

DRIVE ON OWN ONLY

Richie Santa performs as an Elvis tribute artist with a show that will not disappoint! There will never be another Elvis, but as long as fans support the music, Richie will continue to perform his show as a tribute to the greatest entertainer of all time. Enjoy a welcome charcuterie table of meats, cheese, and fruit. For your entree please choose between Chicken Florentine with a Lemon Mornay Sauce, or Stuffed Sole with crabmeat stuffing and Sherry Cream Lobster Sauce. All entrees served vegetable, potato, dessert, soda, coffee, and tea. Please be aware that this trip is drive yourself only, there will be no transportation from the senior center. **Date:** Wednesday, April 16, 2025 **Cost:** \$85 pp. **Includes:** Lunch, entertainment, taxes and gratuities. **Checks to:** Friendship Tours **Deadline:** March 7

The Metropolitan Opera

Lincoln Center, New York City

A lifetime experience not to be missed! See the opera at the magnificent Metropolitan Opera House featuring the world's greatest singers and musicians in an unforgettable performance. You don't need to be an expert of opera to appreciate the enormous scale of these productions or the amazing voices booming through the Opera House with no microphones! We will be seeing **Aida**. Radames, a young Egyptian army officer is in love with Aida, an Ethiopian princess who is now the slave of Pharaoh's daughter, Amneris, who is also in love with Radames. We have reserved Orchestra Rear Seating, show runs 3 hours 15 minutes. Time will be available before the show to grab a bite to eat on your own. **Date:** Sunday, April 27, 2025 **Cost:** \$182 pp. **Includes:** round trip transportation, show ticket, taxes and gratuities. **Checks to:** Friendship Tours **Deadline:** March 14 **Departs:** 8:30 AM **Approximate Return:** 4:30

PM
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Waitress the Musical

Majestic Theater, West Springfield MA

Waitress tells the story of Jenna, a waitress and expert pie maker stuck in a small town and a rocky marriage. When a baking contest in a nearby county offers her a chance at escape, Jenna fights to reclaim a long-forgotten part of herself. This show celebrates the power of friendship, dreams the family we choose, and the beauty of a well baked pie. Prior to the show enjoy lunch at Storrowtown Tavern Carriage House. Please choose between Roast Turkey, or Baked Scrod. All meals served with salad, vegetable, potato, dessert, and coffee. **Date:** Saturday, May 31, 2025 **Cost:** \$143 pp. **Includes:** round trip transportation, show ticket, lunch, taxes and gratuities. **Checks to:** Friendship Tours **Deadline:** April 23 **Departs:** 10:30 AM **Approximate Return:** 5:15 PM

Trip Policies:

1. All participants must fill out and sign an Emergency Contact Form/Liability waiver before participating
2. Make all checks out to the Tour Company listed. Include name, address and phone number on the check.
3. All Trips depart from the Senior Center Parking lot unless stated otherwise
4. Sign up for new trips does not begin until date stated
5. You can sign up any time for trips that have been previously advertised
6. You do not have a secured spot on the trip until payment has been made
7. If a trip is full your name will be placed on a waitlist, open spots will be filled in order from the wait list
8. If a person cancels a trip for any reason, no refunds will be given once payment is received unless we are able to fill your spot on the trip.

See Trip Flyers for more details.

Questions? Call Missy Rankin (860) 647-3210

-- IN THE LOOP --

1. **Manchester Matters** – The Town of Manchester’s e-newsletter is a great source of information for Town news, information and events! Sign up today to receive weekly newsletters on all things Manchester: <https://bit.ly/manchestermatters> or call the Customer Service & Information Center at 860-647-5235.
2. **Foodshare** – If you are interested in participating as a volunteer please contact Krista Ostaszewski at Foodshare 860-286-9999 EXT 104, or email kosta@foodshare.org.
3. **(S.H.O.P.) Seniors Help Our Pantry** – Our MACC contribution box is located in the Senior Center Lobby. With everyone’s help we can keep our MACC box full. To make a monetary contribution to MACC, you can pick up a donation form from the Front Office and send a check directly to MACC indicating our S.H.O.P. PROGRAM in the memo section of your check. Mail to MACC, 466 Main Street, Manchester, Ct 06040.
4. **MACC Food Pantry Donations** – Monetary donations to the food pantry can be mailed to P. O. Box 3804, Manchester, CT 06045-3804. Food donations can be dropped off at (MACC) Manchester Area Conference of Churches, 856 Main Street, 9:00 AM-5:00 PM, Monday—Thursday, Friday 9:00 AM—2:00 PM, and Saturday at the Community Kitchen 9:00 AM 2:00 PM. Special arrangements for food donations can be arranged by calling 860-647-0800 or Shannon Baldassario, Executive Director/CEO at 860-647-8003 EXT 17. Please visit www.maccct.org.

Items needed for the food pantry at this time:

Pasta Sauce, Pasta, Hot and Cold Cereal, Oatmeal, Jelly, Peanut Butter, Snack Bars and Cookies, Tuna and Other Canned Meats, Macaroni and Cheese, Egg noodles, Chef Boyardee, Beef Stew, Canned Fruits and Soups, Saltines and other Crackers, Juice Boxes, Coffee and Tea, Hot Chocolate, Applesauce, Jello, Pudding, Pickles, Raisins, Potato Chips, Snacks, Popcorn. **Personal Hygiene Items:** Shampoo, Conditioner, Toothpaste, Toothbrushes, Dental Floss, Body Lotion, Bar/Liquid Hand/Body Soaps, Toilet paper, Paper Towels.

PLEASE DO NOT DONATE FRESH PRODUCE OR PERISHABLE ITEMS.

5. **Support our Troops & Honor our Veterans** – Please take a moment to express your gratitude and thank a soldier. Further details are available online at <http://uwc.211ct.org/u-s-troops-how-to-support/>. Small, individual donations can be dropped off at the Town Hall, Customer Service & Information Center, 41 Center Street, Manchester, CT 06040 or contact 860-647-5235.

Manchester Senior Center Lunch Menu—December 2024



	Tuesday	Wednesday	Thursday	Friday
Week 1 12/2 – 12/6	Vegetable Neapolitan Couscous Salad Contains: Gluten	American Goulash Caesar Salad Dinner Roll Contains: Gluten	BBQ Pork Sandwich Potato Wedges Slaw Contains: Gluten*	Garlic Shrimp Stew Jasmin Rice Brussel Sprouts
Week 2 12/9 – 12/13	Baked Ham Macc & Cheese Butternut Squash Contains: Gluten	Roasted Chicken Black-Eyed Pea Stew White Rice	Meatloaf Scalloped Potatoes Green Beans Contains: Gluten	Baked Haddock Rice & Peas Roasted Broccoli
Week 3 12/16 – 12/20	Swiss & Mushroom Burger Potato Wedges Contains: Gluten*	Fried Chicken Bowl Corn Mashed Potatoes Contains: Gluten	Holiday Party! Roast Beef Baked Potato Dinner Roll No Takeouts Contains: Gluten*	Fish Tacos Contains: Gluten
Week 4 12/23 – 12/27	Turkey Tetrazzini Egg Noodles Garden Salad Contains: Gluten	Christmas Day Closed	Eggplant Pasta Bake Dinner Roll Contains: Gluten*	Baked Tilapia w/ Lemon Rice Pilaf Vegetable Medley
Week 5 12/30 – 1/3	Vegetable Pasta Primavera Garlic Bread Contains: Gluten	New Years Day Closed	Bacon, Spinach & Cheddar Quiche Croissant Contains: Gluten*	Bread Crumb Cod Baked Potato Green Beans Contains: Gluten

Please call **860-647-3211** to make a lunch reservation.
Menu is subject to change based on availability of product.