

## Manchester Senior Center Lunch Menu—January 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 12/30 – 1/3	Vegetable Pasta Primavera Garlic Bread <b>Contains: Gluten</b>	Crispy Chicken Sandwich Quinoa Salad <b>Contains: Gluten</b>	New Years Day <b>Closed</b>	Bacon, Spinach & Cheddar Quiche Croissant <b>Contains: Gluten</b>	Pasta & Clam Sauce House salad Dinner Roll <b>Contains: Gluten</b>
<b>Week 2</b> 1/6 – 1/10	Philly Steak & Cheese Sub Potato Wedges Fresh Fruit <b>Contains: Gluten</b>	Vegetable Lasagna Garlic Stick House Salad <b>Contains: Gluten</b>	Garlic Pesto Chicken Egg Noodles Parmesan Spinach <b>Contains: Gluten</b>	Sloppy Joe Sandwich Tater Tots House Salad <b>Contains: Gluten</b>	Potato Crusted Haddock Garlic Lemon Linguini <b>Contains: Gluten</b>
<b>Week 3</b> 1/13 – 1/17	Open Faced Pork Sandwich Roasted Potatoes Spinach Salad <b>Contains: Gluten</b>	Roasted Vegetable Alfredo Garden Salad Dinner Roll <b>Contains: Gluten</b>	Shepherd's Pie Cucumber & Tomato Salad Croissant <b>Contains: Gluten</b>	Chicken Cacciatore Caesar Salad Garlic Bread <b>Contains: Gluten</b>	Clam Chowder Bread Boule Garden Salad <b>Contains: Gluten</b>
<b>Week 4</b> 1/20 – 1/24	Martin Luther King Jr. Day <b>Closed</b>	Roasted Turkey Breast Rice Pilaf Cauliflower	Garlic Chicken Mushroom Sauce Pesto Potatoes Green Beans	Honey Mustard Pork Loin Baked Potatoes Brussel Sprouts	Beef Stew Mashed Potatoes Garlic Bread <b>Contains: Gluten</b>
<b>Week 5</b> 1/27 – 1/31	Sausage, Pepper & Onions Sub Potato Chips Fresh Fruit <b>Contains: Gluten</b>	Chicken Street Tacos Confetti Rice & Vegetables <b>Contains: Gluten</b>	BBQ Chicken Wings Spanish Rice Sweet Plantains <b>Contains: Gluten</b>	Turkey Pot Pie Caesar Salad Croissant <b>Contains: Gluten</b>	Shrimp Scampi Buttered Noodles Spinach Salad <b>Contains: Gluten</b>

Please call **860-647-3211** to make a lunch reservation.  
Menu is subject to change based on availability of product.