

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>			<i>Thursday</i>			<i>Friday</i>											
<h1>January 2025</h1>			Available every day: 8:30 AM—4:15 PM Billiards Computer Room			Senior Center Closed <i>Happy New Year</i>			01			Membership Renewal Begins! Samba 9:00 AM Scrabble 9:30 AM Senior Circle 10:00 AM Lunch 12:00 PM Hiking Group 1:00 PM Hand & Foot 1:00 PM Quilting 1:00 PM			02			Walking Group 9:00 AM Bingo 10:00 AM Lunch 12:00 PM Setback 12:30 PM Cribbage 12:45 PM Foot Care—By Appointment					
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Walking Group 9:00 AM Ceramics 9:30 AM Women's Group 9:30 AM Strength & Flex 10:00 AM Men's Group 10:45 AM Light & Lively 11:00 AM Lunch 12:00 PM Body Sculpt/Pinocle 12:30 PM Music Circle 1:00 PM Light & Lively 1:20 PM Yoga 2:20/3:20 PM			06			Senior Advisory Committee 9:00 AM Senior Circle 10:00 AM Beginner Line Dancing 10:00 AM Therapy Dogs 10:30 AM Advanced Line Dancing 11:00 AM Lunch 12:00 PM Mahjong 12:30 PM Red Hats 1:00 PM Water & Oil 1:00 PM Advanced Tai Chi 1:30 PM Beginner Tai Chi 2:30 PM			Friendship Circle 8:30 AM Walking Group 9:00 AM Stronger Seniors 9:15 AM Blood Pressure Drop In 9:30 AM Strength & Flex 10/11:00 AM Lunch 12:00 PM Body Sculpt 12:30 PM Social Bridge 12:30 PM Dominoes 12:45 PM Light & Lively 1:20 PM Yoga 2:20/3:20 PM			08			Samba 9:00 AM Scrabble 9:30 AM Senior Circle 10:00 AM Cardio Drumming 10:00 AM Lunch 12:00 PM Square Dancing 12:30 PM Duplicate Bridge 12:30 PM Hand & Foot 1:00 PM Quilting 1:00 PM Zumba Gold 2:30 PM			09			Walking Group 9:00 AM Ceramics 9:30 AM Bingo 10:00 AM Strength & Flex 10:00 AM Light & Lively 11:00 AM Lunch 12:00 PM Setback 12:30 PM Advanced Tai Chi 12:30 PM Cribbage 12:45 PM Beginner Tai Chi 1:30 PM		
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AARP SMART Driver Course 8:45 AM Walking Group 9:00 AM Ceramics 9:30 AM Women's Group 9:30 AM Strength & Flex 10:00 AM Men's Group 10:45 AM Light & Lively 11:00 AM Lunch 12:00 PM Body Sculpt/Pinocle 12:30 PM Music Circle 1:00 PM Light & Lively 1:20 PM Yoga 2:20/3:20 PM			13			Senior Circle 10:00 AM Beginner Line Dancing 10:00 AM Advanced Line Dancing 11:00 AM Lunch 12:00 PM Mahjong 12:30 PM Watercolor & Oil 1:00 PM Movie: It Ends With Us 1:00 PM Advanced Tai Chi 1:30 PM Beginner Tai Chi 2:30 PM			Friendship Circle 8:30 AM Walking Group 9:00 AM Stronger Seniors 9:15 AM Blood Pressure Drop In 9:30 AM Strength & Flex 10/11:00 AM Newcomer's Meeting 11:00 AM Lunch 12:00 PM Body Sculpt/Social Bridge 12:30 PM Dominoes 12:45 PM Light & Lively 1:20 PM Yoga 2:20/3:20 PM			15			Samba 9:00 AM Scrabble 9:30 AM Senior Circle 10:00 AM Cardio Drumming 10:00 AM Lunch 12:00 PM Square Dancing 12:30 PM Duplicate Bridge 12:30 PM Hand & Foot/Quilting 1:00 PM Hiking 1:00 PM Zumba Gold 2:30 PM File of Life—By Appointment			16			Walking Group 9:00 AM Ceramics 9:30 AM Bingo 10:00 AM Odyssey Singers Concert 11:00 AM Lunch 12:00 PM Setback 12:30 PM Advanced Tai Chi 12:30 PM Cribbage 12:45 PM Beginner Tai Chi 1:30 PM Foot Care—By Appointment		
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Senior Center Closed <i>Martin Luther King Day</i>			Senior Circle 10:00 AM Beginner Line Dancing 10:00 AM Chess Club 10:00 AM Book Group 10:30 AM Advanced Line Dancing 11:00 AM Lunch 12:00 PM Mahjong 12:30 PM Watercolor & Oil 1:00 PM Advanced Tai Chi 1:30 PM Beginner Tai Chi 2:30 PM			Friendship Circle 8:30 AM Walking Group 9:00 AM Stronger Seniors 9:15 AM Blood Pressure Drop In 9:30 AM Strength & Flex 10/11:00 AM Lunch 12:00 PM Body Sculpt 12:30 PM Social Bridge 12:30 PM Dominoes 12:45 PM Light & Lively 1:20 PM Yoga 2:20/3:20 PM			22			Samba 9:00 AM Scrabble 9:30 AM Senior Circle 10:00 AM Cardio Drumming 10:00 AM Blood Pressure Program 11:00 AM Lunch 12:00 PM Square Dancing 12:30 PM Duplicate Bridge 12:30 PM Hand & Foot 1:00 PM Quilting 1:00 PM Zumba Gold 2:30 PM			23			Walking Group 9:00 AM Ceramics 9:30 AM Bingo 10:00 AM Strength & Flex 10:00 AM Light & Lively 11:00 AM Lunch 12:00 PM Setback 12:30 PM Advanced Tai Chi 12:30 PM Cribbage 12:45 PM Beginner Tai Chi 1:30 PM					
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