

# Manchester Senior Center Lunch Menu—December 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 12/2 – 12/6	Vegetable Neapolitan Couscous Salad <b>Contains: Gluten</b>	Chicken Chili Corn Bread House Salad <b>Contains: Gluten</b>	American Goulash Caesar Salad Dinner Roll <b>Contains: Gluten</b>	BBQ Pork Sandwich Potato Wedges Slaw <b>Contains: Gluten*</b>	Garlic Shrimp Stew Jasmin Rice Brussel Sprouts
<b>Week 2</b> 12/9 – 12/13	Baked Ham Macc & Cheese Butternut Squash <b>Contains: Gluten</b>	Cheese Tortellini Garden Salad Dinner Rolls <b>Contains: Gluten</b>	Roasted Chicken Black-Eyed Pea Stew White Rice	Meatloaf Scalloped Potatoes Green Beans <b>Contains: Gluten</b>	Baked Haddock Rice & Peas Roasted Broccoli
<b>Week 3</b> 12/16 – 12/20	Swiss & Mushroom Burger Potato Wedges <b>Contains: Gluten*</b>	Sesame Garlic Pork Chops Rice Pilaf Green Beans <b>Contains: Soy</b>	Fried Chicken Bowl Corn Mashed Potatoes <b>Contains: Gluten</b>	<b>Holiday Party!</b> Roast Beef Baked Potato Dinner Roll <b>No Takeouts</b> <b>Contains: Gluten*</b>	Fish Tacos <b>Contains: Gluten</b>
<b>Week 4</b> 12/23 – 12/27	Turkey Tetrazzini Egg Noodles Garden Salad <b>Contains: Gluten</b>	<b>Christmas Eve Closed</b>	<b>Christmas Day Closed</b>	Eggplant Pasta Bake Dinner Roll <b>Contains: Gluten*</b>	Baked Tilapia w/ Lemon Rice Pilaf Vegetable Medley
<b>Week 5</b> 12/30 – 1/3	Vegetable Pasta Primavera Garlic Bread <b>Contains: Gluten</b>	Crispy Chicken Sandwich Quinoa Salad <b>Contains: Gluten</b>	<b>New Years Day Closed</b>	Bacon, Spinach & Cheddar Quiche Croissant <b>Contains: Gluten*</b>	Bread Crumb Cod Baked Potato Green Beans <b>Contains: Gluten</b>

Please call **860-647-3211** to make a lunch reservation.  
Menu is subject to change based on availability of product.